

PE Curriculum Map 2019-2020

Woodston Primary School

Key Stage 1 basic movements e.g. running, catching, balance etc team games (and simple tactics) dance swimming & water safety

Key Stage 2 movement e.g. running, jumping, throwing & catching etc competitive games (and principles for attack and defence) dance

Develop flexibility, strength, control, balance etc (gym) outdoor and adventurous activity compare and improve performances swimming & water safety

Year group / Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Early Years	Fundamental Movement Skills Basic Gymnastics	Games Dance	Fundamental Movement Skills Basic Gymnastics	Fundamental Movement Skills	Mini Ball Skills Bucket Rounders	Swimming x2 Athletics
Year 1KB	Multi skills Basketball	Dance Football	Ball Skills (Catching and Throwing) Gymnastics	Basketball Skills Dance	Striking & Fielding Mini Tennis	Swimming x2 Athletics
Year 1RH	Multi skills Basketball	Dance Football	Ball Skills (Catching and Throwing) Gymnastics	Basketball Skills Dance	Striking & Fielding Mini Tennis	Swimming x2 Athletics
Year 1TW	Multi skills Basketball	Dance Football	Ball Skills (Catching and Throwing) Gymnastics	Ball skills (throwing and catching) Dance	Striking & Fielding Mini Tennis	Swimming x2 Athletics
Year 2LO	Multi skills Hockey	Football Dance	Basketball Gymnastics	Dance OAA	Striking & Fielding Mini Tennis	Swimming x2 Athletics
Year 2ZL/MH	Multi skills Hockey	Football Dance	Basketball Gymnastics	Dance OAA	Striking & Fielding Mini Tennis	Swimming x2 Athletics
Year 3SH	Netball Football	Fitness Dance	Gymnastics Hockey	Tag rugby OAA	Cricket / Rounders Tennis	Swimming x2 Athletics
Year 3AG	Netball Football	Fitness Dance	Gymnastics Hockey	Tag Rugby OAA	Cricket / Rounders Tennis	Swimming x2 Athletics
Year 3HB	Netball Football	Fitness Dance	Gymnastics Hockey	Tag Rugby OAA	Cricket / Rounders Tennis	Swimming x2 Athletics
Year 4LB	Basketball Fitness	Hockey Dance	Gymnastics Table tennis	Tag Rugby Swimming (Regional)	Cricket/Rounders/Softball Tennis	Swimming x2 Athletics
Year 4 ZA	Basketball Orienteering	Dance Hockey	Gymnastics Swimming (Regional)	OAA Tennis	Cricket/Rounders/Softball Tennis	Swimming x2 Athletics
Year 5LD	Team games Gymnastics	Netball Dance	Health & Fitness Gymnastics	OAA Tag rugby	Cricket/Rounders/Softball Tennis	Swimming x2 Athletics
Year 5LL	Team games Gymnastics	Netball Dance	Health & Fitness Gymnastics	Tag rugby OAA	Cricket/Rounders/Softball Tennis	Swimming x2 Athletics
Year 6GA	Netball	Dance	Basketball	OAA	Cricket/Rounders/Softball	Swimming x2

	Swimming (Regional)	Fitness	Gymnastics	Tag rugby	Tennis	Athletics
Year 6EG	Netball Fitness	Swimming (Regional) Dance	Basketball Gymnastics	OAA Tag rugby	Cricket/Rounders/Softball Tennis	Swimming x2 Athletics