

Core Studies- Curriculum Overview

Our rich Core Studies Programme covers all statutory requirements for our personal, health, social and citizenship education (PHSCE) and relationship and sex education (RSE).

Core Studies is taught throughout the school in every year group by a small team of dedicated staff and is monitored and reviewed regularly by Senior Leaders, the trust and the Academy Council. Every student has a dedicated 60-minute lesson each week for Core Studies. We compliment the programme by inviting in guest speakers, having key messages delivered in assemblies and talks by a range of people and groups including the school nurse and the mental health support team (MHST).

A range of age-appropriate topics are covered which include elements of RSE, Religious Education (RE) Health and Wellbeing, politics, societal issues and career education to name but a few. Each year, we are growing and developing real-world knowledge that will help develop our learners into successful, well rounded citizens.

We also invite guest speakers in, deliver house and year group assemblies, celebrate awareness days and weeks which are calendared into the school year.



Relationships and Sex Education (RSE) Guidance

Over the course of the academic year at various points each year group will focus on the relationships and sex education (RSE) aspect of this programme. You can see an outline of the age-appropriate content below.

Year 7	Year 8	Year 9	Year 10	Year 11
Healthy Living Personal Hygiene Puberty	Manging influence Peer Pressure Sexism Homophobia Respectful & Healthy Relationships Identity	Body Positivity Mental Health Committed relationships Consent Intimate relationships Relationship Conflict Safe Sex Pregnancy	Sex & the Law Pressure of Porn Revenge Porn Contraception Sexually Transmitted infections (STIs)	Female Genital Mutilation (FGM) Abortion Sexual Harassment Revenge Porn Sexting Misogyny

As part of the statutory guidance parents have the right to withdraw their child (following discussion with the school) from 'any or all aspects of Sex Education, other than those which are part of the science curriculum, up to and until three terms before the age of 16'. If you would like to discuss withdrawing your child from any aspect of our RSE curriculum, then please contact us directly.

For further information regarding Core Studies please contact Miss York KYork@theferrers.org or Mr Drouet BDrouet@theferrers.org who oversee the curriculum area.