

**OUTDOOR EDUCATION TRIP OPPORTUNITIES AT
SHARNBROOK ACADEMY**



Year 7

**Grafham Outdoor Centre
Day Trips**

Mr Carter



“Challenges are what make life interesting and overcoming them is what makes life meaningful”



Grafham Water Centre

Grafham Water Centre is part of Cambridgeshire Outdoors, a partnership for outdoor learning in Cambridgeshire.



Explore the outdoors



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Our Visit – Year 7 trip

The school will be running 3 single day trips:

Monday 10th, Tuesday 11th & Thursday 13th November

The **aim** of the trip is to provide the opportunity for students to further establish *friendships* within their new year group as well as develop *teamwork* and *cooperation* through outdoor and adventurous activities

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Our Visit – Yr 7 Timings

- Students will depart school by coach at 8:30am, returning to school at 3:00pm.
- In order to maximise the opportunity for students to be out of school with others from their classes, students will be offered a place to attend with their form group.

Monday 10th November	Tuesday 11th November	Thursday 13th November
All Pegasus forms + Delphinus forms 1-7	All Phoenix forms + Delphinus forms 8-10 and Cygnus forms 1-3	All Ursa Forms + Cygnus forms 4-10

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Our Visit - Activities



- During their day students will take part in a carousel of activities.
- This will include kayaking/canoeing and then 2 of the following:
 - Climbing
 - Jacobs Ladder
 - Crate Stack
 - Grafham Challenge
 - Archery



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Our Visit - Equipment

- All specialist equipment for the activities such as buoyancy aids, harnesses and helmets will be provided by the centre
- Students will need to be in clothes that they are happy to get wet and bring the following with them:
 - *A full change of clothes and shoes*
 - *A towel*
 - *A packed lunch and drink*
 - *Any medication*

** A full kit list will be provided prior to the trip*

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Our Visit - Support

- Sharnbrook Academy and the Outdoor Education department know the value of trips and extra curricular experiences and therefore aim to provide opportunities for all students.
- Where students receive support during their daily school life, needs for the trip will be evaluated and support staff allocated appropriately.

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Our Visit - Cost

The cost of the trip will be **£54.50** per student.

This covers the cost of the centre, activities and specialist equipment; transport costs; and insurance for the trip.

Cost and running of trip is dependant on student numbers.

Please feel free to speak to Mrs Watt or the Head of House if you require information regarding financial support

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What Next?

- Complete payment and required consent MCAS from 1st October.

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Deadline – Thursday 9th October (the earlier the better for numbers)

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Additional Opportunities at Sharnbrook

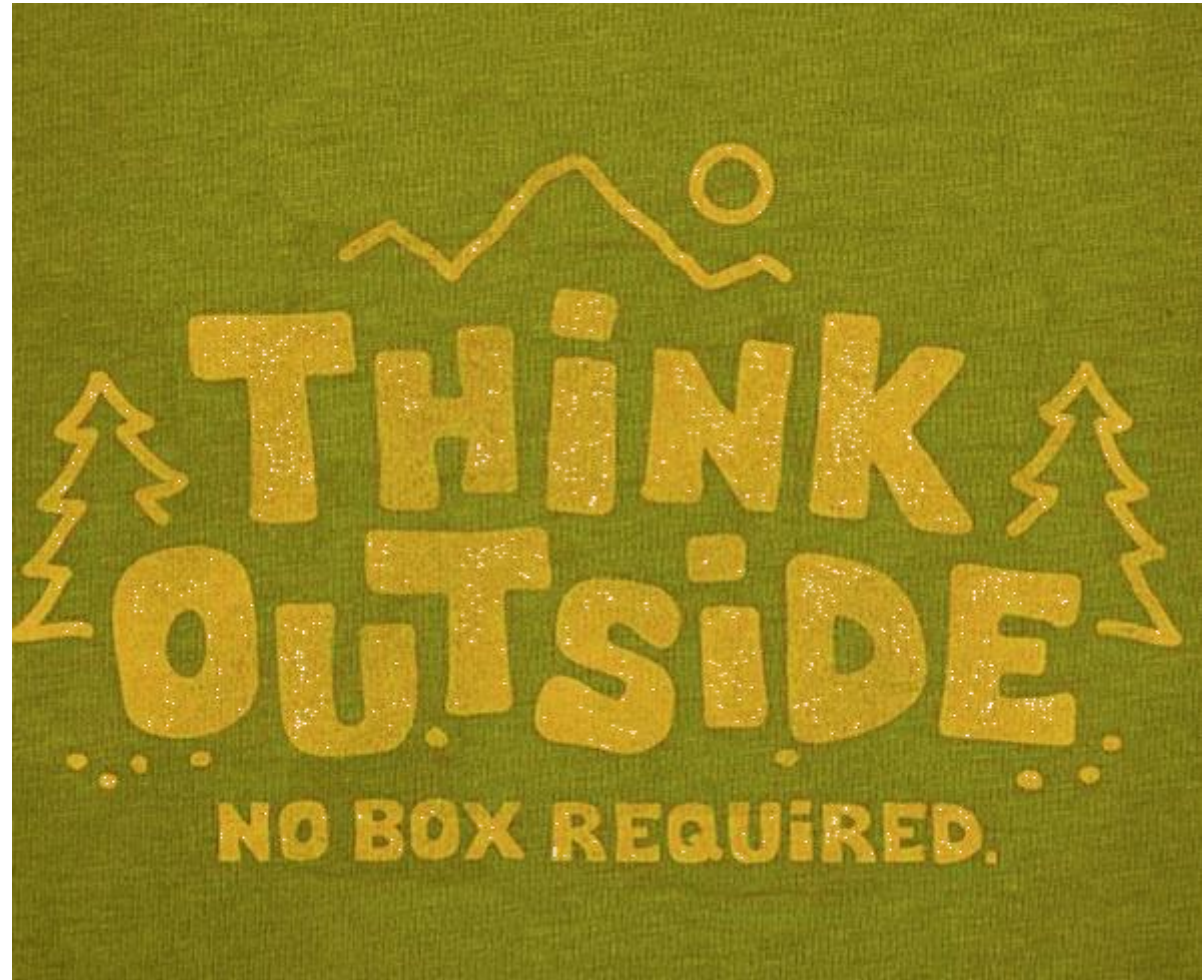
Extra curricular

- The following extra curricular clubs are open to Year 7 students

SHARNBROOK PE EXTRACURRICULAR TIMETABLE (3 – 4.15pm)

Day	Year	Sport	Staff	Location
Monday	All Years	Climbing (Paper sign up required)	SBC	Climbing wall
	All Years	Netball	LRE/NLS	Courts
	U16	Hockey fixtures	AHO	Bedford Hockey
	Year 7/8	Rugby (boys)	DGB/Saints	Field
	Year 11	Boys football fixtures	AHO	Various
	Year 7/8	Girls football fixtures	FFO	Various
Tuesday	Year 9/10/11	Netball fixtures	LRE/NLS	Bedford Academy
	Year 7	Football fixtures	DGB	Various
Wednesday	All years	Girls Basketball and Dodgeball	LCB	Sports Hall
	Year 9/10/11	Girls football fixtures	FFO	Various
Thursday	All Years	Badminton	LRE/SBC	Sports Hall
	Year 7	Football (boys)	TAL	Astro
	Year 9/10	Rugby (boys)	DGB/Saints	Field
Friday	All Years	Rugby (girls)	AHO/Saints	Field
	All years	Basketball (boys)	SBC	Sports Hall

Questions



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