

14th April 2026

Supporting You Child Through Year 10 GCSE Mock Examinations

Dear Parents and Carers,

As your child reaches the midway point of their GCSE studies, they will this summer sit their first set of formal mock examinations. To support you during this important stage, we would like to invite you to our **Year 10 Information Evening on Monday 27th April at 6pm**, which will take place in the main hall. During this session, we will provide an overview of the mock examination process and share practical guidance on how best to support your child in preparing for their exams and the journey beyond.

Please book your place via Eventbrite using this link.

[YR10 Parent & Carer Information Evening - tickets](#)

Students are very welcome to attend the evening with you, although this is not essential as they will receive the same information through assemblies. Earlier that day, all Year 10 students will take part in a two-hour revision skills workshop designed to help them develop effective study habits and positive approaches to revision. Further details about this session can be found [here](#).

[Year 10 – Sharnbrook Academy](#)

This workshop marks the start of our Year 10 mock exam preparation programme as while these exams are not final, they are an important milestone. They provide students with valuable experience of exam conditions, help them understand the types of questions they may face, and develop essential skills such as time management and coping with pressure. The feedback they receive will also play a key role in guiding their progress as they move into Year 11.

How You Can Help at Home

 Encourage regular, effective revision

Support your child in establishing a consistent and realistic revision routine rather than relying on last-minute cramming. A structured timetable, including regular breaks and a balance of subjects, can make revision more manageable. Using a range of techniques, such as flashcards, practice questions, and mind maps, can also help to keep learning engaging. We will share further strategies at the information evening.

🗨 Promote resilience and a positive mindset

Mock exams are as much about learning how to approach assessments as they are about results. Encourage your child to see mistakes as part of the learning process, reflect on feedback, and focus on progress rather than perfection. Building resilience now will help them feel more confident in Year 11.

💖 Prioritise wellbeing

This can be a demanding time, so it is important that your child feels supported. Encourage open conversations about how they are feeling and help them maintain healthy routines – getting enough sleep, eating well, staying active, and taking time to relax. If you have any concerns, please do contact us via the house system; our pastoral and wellbeing teams are here to help.

📖 Maintain a healthy balance

While revision is important, so is downtime. Encourage your child to continue with hobbies, spend time with friends, and take regular breaks from schoolwork.

The Year 10 mock exams are an important stepping stone towards success in Year 11 and with the right balance of structure, encouragement and support, students can approach this period with confidence and resilience, despite any initial nervousness that they might be having. We hope to see many of you at the information evening but in the meantime, if you have any questions or feel your child may benefit from additional support, please do not hesitate to contact me or your child's pastoral team (Senior Tutor, SSA or Tutor).

Yours sincerely,



Mrs Laura Watt
Interim Vice Principal (Academic)