

Year 7 PSHE

1. Autumn Term – Community Cohesion

Social Media
Friendships + Problems in Relationships
Family and Relationships
Respectful Relationships
Bullying
Sexism
Overt Racism

2. Spring Term – Keeping Safe

Online-Cyberbullying
Grooming
Sexting/Nudes and Up-Skirting
Gaming
Risky behaviour
Neurodiversity
Fertility and Menstrual Wellbeing

3. Summer Term - Health and Wellbeing

Vaping and Smoking
Self-Esteem
Talking about emotions
Puberty
Being Healthy
Alcohol + Drugs
Dealing with Loss

Year 8 PSHE

1. Autumn Term – Community Cohesion

What is a Good Citizen?
Manners, Courtesy and Respect
Friendship Problems
Mob Mentality and Youth Crime
Gangs
Covert Sexism and Upskirting
Female Genital Mutilation

2. Spring Term – Living in a Diverse Britain

British Values
Extremism and Radicalisation
Football and Racism
The Manosphere
Careers - Personal Branding
LGBTQ+
Politics in the UK

3. Summer Term - Health and Wellbeing

Body Image
Eating Disorders
Anxiety and Mental Health
Exam Stress
Addiction to Technology and Social Media
The Importance of Sleep
Vaccination Conspiracies

Year 9 PSHE

1. Autumn Term – Family and Sex

Human Rights
Forced Marriage
Contraception
STDs + STIs
Abortion Rights
Alternative Families
Responsibilities of a Teenager

2. Spring Term - Community Cohesion

Diversity in the UK
The Harm of Stereotypes
Islamophobia
Antisemitism
Misogyny
The 2024 Summer Riots
Hate Crime Laws

3. Summer Term - Health and Wellbeing

Preventable Health Problems
Addiction
Social Drugs – Legal drugs
Cannabis
Anger Management
How to be an Adult – Finance Lingo
How to be an Adult - Budgeting

Year 10 PSHE

1. Autumn Term – Community Cohesion + Careers

Peer Pressure
Knife Crime and Gang Mentality
LGBTQ+ Awareness
Covert Everyday Racism
Sexism and Misogyny
Careers - Ideas
Artificial Intelligence

2. Spring Term – The Internet, Safety and Society

Being Careful on Social Media
The Influence of Social Media
Data Collection and Scams
Bias in the Media
Pornography
Extremist Groups
Disability Awareness

3. Summer Term - Health and Wellbeing

Healthy and Positive Relationships
Promoting Resilience
Recognising Mental illness
Toxic masculinity
Men's mental health
Drugs and alcohol
Saving Lives + Self-Examination and Screening

Year 11 PSHE

Drugs
Exam Stress
Racism
Consent
LGBTQ+
Political Participation
Finance and Gambling

