

Super Speed Study Skills

A high-impact, interactive learning experience created to show students how to develop their study skills and adopt positive and effective study habits. This workshop aligns with Gatsby Benchmark 4.

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Aims of the workshop

- To show students that studying really can be fun
- To raise standards of learning and cognition
- To encourage the adoption of a range of learning techniques



Workshop content

This workshop aligns with Gatsby benchmarks for career guidance, the Ofsted three 'I's (intent, implementation and impact) and the NERUPI framework.

Super Speed Study Skills covers a range of content and techniques, including:

- Visualisation and association technique planner
- Revision timetable
- Study time calculator
- Summary poster
- Sticky note summaries
- The Feynman Technique
- The 2-minute rule

You will also have the option to subscribe to our new Online Resources Hub, which can greatly further the impact of this live workshop and really extend its value for money.

"We found that the workshop raises the students' confidence and motivation to study effectively." Teacher

Book your workshop

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Workshop overview

The Super Speed Study Skills workshop inspires students to develop metacognition and to take control of their studying. This will support students to develop their independent thinking and become lifelong learners.



Benefits

Super Speed Study Skills will benefit students by:

- Boosting metacognition
- Increasing motivation
- Providing a comprehensive You Pad student resource
- Delivering a range of tools and techniques to suit left and right brain learners
- Promoting interleaving, spaced repetition and retrieval practice



Results

Students will leave the Super Speed Study Skills workshop feeling empowered, enriched and motivated to advance their learning using the tools and techniques they have learned.



Practicalities

Your Positively You event can be broken down as follows, depending on your timetable:

- 4 x 1-hour workshops
- 3 x 80-minute workshops
- 2 x 2-hour workshops

Each workshop can accommodate no more than 100 different students and can be delivered face-to-face or online. Super Speed Study Skills is able to be delivered in Welsh.

We are Positively You

We are one of the UK's leading providers of educational workshops. For over 20 years, we've delivered transformative student workshops, inspiring teacher development sessions and supportive resources for parents.