



Health and Social Care

OCR Level 1/2 Cambridge National Certificate in Health and Social Care

Why Study Health and Social Care?

The health and social care course is aimed at students who have an interest in and enjoy working with people in a care environment. This can lead to employment in the health, social care and early years sector in positions such as dental nursing, healthcare assistants, speech therapists, midwives and paramedics. This qualification will equip students with a sound, specialist knowledge as well as skills for everyday use.

Objectives of the Course

The course will encourage students to:

- Understand and apply the fundamental principles and concepts of the rights of individuals, person-centred values, effective communication and how to protect individuals in health and social care settings
- Develop learning and practical skills that can be applied to real-life contexts and work situations
- Think creatively, innovatively, analytically, logically and critically
- Develop independence and confidence in using skills that would be relevant to the health and social care sector and more widely

What will you Study?

Students must achieve **three** units: one externally assessed and two Non-Examined Assessment (NEA) units.

The two mandatory units are:

R032: Principles of care in health and social care settings

You will learn about the key topics that are important when caring for and protecting people in health and social care. Topics include:

- The rights of service users in health and social care settings
- Person-centred values
- Effective communication in health and social care settings
- Protecting service users and service providers in health and social care settings

R033: Supporting individuals through life events

You will learn about growth and development through the life stages. You will also learn how to understand the needs of individuals who have been affected by life events and how to recommend support to meet their needs. Topics include:

- Life stages
- Impacts of life events
- Sources of support

We also propose to study the following optional unit:

R035: Health promotion campaigns

You will research health promotion campaigns and learn about their benefits to society. You will also plan and deliver your own health promotion campaign. Topics include:

- Current public health issues and the impact on society
- Factors influencing health
- Plan and create a health promotion campaign
- Deliver and evaluate a health promotion campaign

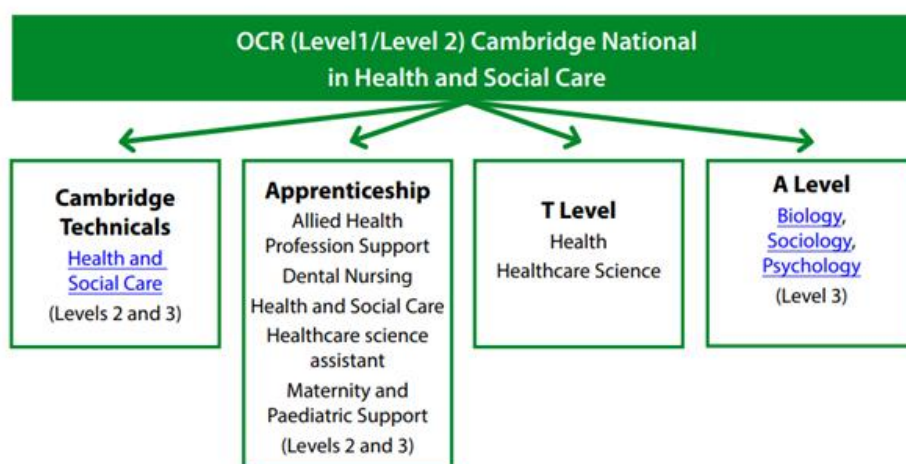
How is the course assessed?

R032: Principles of care in health and social care settings: This unit is assessed by an exam.

R033: Supporting individuals through life events and R035: Health promotion campaigns: assessed by set assignments.

What can I do with a Health & Social Care qualification?

Cambridge Nationals in health and social care can lead to a wide range of general and vocational qualifications:



For further information see

Mrs D Lasslett dlasslett@sharnbrook.academy