

WEEK ONE

MENU KEY



ADDED PLANT PROTEIN



VEGAN OPTION



SOURCE OF WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

CLASSIC BEEF LASAGNE
With Garlic Bread



HOT WOK CHICKEN NOODLES

BUTCHERS SAUSAGE & MASH
with Onion Gravy



CHICKEN KORMA
with 50/50 Rice



BATTERED FILLET OF FISH
served with Chips & Tartare Sauce

OPTION #2

QUORN AND BLACK BEAN FAJITAS
with Rice



CAJUN SWEET POTATO & SPINACH TART
with New Potatoes

VEGGIE SAUSAGE & MASH
with Onion Gravy



SWEET POTATO, CHICKPEA & SPINACH TIKKA
with 50/50 Rice



YAMAS!
GREEK SPINACH & FILO PARCELS
and Chips

ON THE SIDE

Green Beans & Carrots

Sweetcorn & Roasted Broccoli

Red Cabbage & Peas

Roasted Cauliflower & Sambals

Peas & Coleslaw

DESSERT OF THE DAY

LEMON DRIZZLE SPONGE

BLONDIE WITH BERRIES

APPLE & CHERRY OAT CRUMBLE
with Custard

FRUIT MUFFIN

PINEAPPLE UPSIDE DOWN CAKE

CHECK OUT

OUR HOT AND COLD GRAB & GO SELECTION

MEAL DEAL PRICE

£2.60

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

PLEASE SEE OUR THEME DAYS AND SPECIAL OFFERS

caterlink
feeding the imagination

WEEK TWO

MENU KEY



ADDED PLANT PROTEIN



VEGAN OPTION



SOURCE OF WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

CHEESE AND ONION QUICHE
With New Potatoes

STREET FOOD

SPICY CHICKEN
With Khobez and Tabbouleh Salad

THE CLASSIC ROAST DINNER
with all the trimmings

BEEF MEATBALLS IN TOMATO SAUCE
with 50/50 Rice

FISHFINGERS OR SALMON FISHCAKES
with Chips

OPTION #2

GREEN THAI VEGETABLE CURRY
with Rice

HOUMOUS AND FALAFEL
With Khobez and Tabbouleh Salad

BUTTERNUT & BEETROOT WELLINGTON
with Roast Potatoes & Gravy

TOFU AND BROCCOLI WOK FRIED RICE

LOADED HOUND DOG
with Chips

ON THE SIDE

Roasted Butternut Squash & Cauliflower

Red Cabbage Slaw & Roasted Chickpea Salad

Broccoli & Sweetcorn

Carrots & Green Beans

Baked Beans & Garden Peas

DESSERT OF THE DAY

CINNAMON APPLE TURNOVER

SYRUP SPONGE

PLUM & VANILLA CRUMBLE
with Custard

VANILLA SPONGE

CARROT CAKE

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**WEEK
THREE**

MENU KEY



ADDED PLANT PROTEIN



VEGAN OPTION



SOURCE OF WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**OPTION
#1**

**STICKY SOY
AND HONEY
NOODLES**



**MEXICAN
BEEF CHILLI**
with 50/50 Rice
or Soft Tacos

**CREAMY
CHICKEN
PIE**
with Crispy
Roasties &
Gravy

**CHICKEN
KATSU
CURRY**
with Rice

**BATTERED
FISH**
with Chips &
Tartare Sauce

**OPTION
#2**

**VEGETABLE
PLAIT**
with New
Potatoes and
Gravy



**MEXICAN
VEGETABLE
RICE**

**ROAST
QUORN &
YORKSHIRE
PUDDING,**
Crispy Roasties
and Gravy

**SMOKEY
BBQ PLANT
BALLS**
with Couscous/
Spaghetti

**THE BIG
PLANT
BURGER**
with Chips

**ON THE
SIDE**

Green Beans
&
Sweetcorn

Pineapple
Salsa &
Slaw

Roasted
Carrots &
Swede

Broccoli &
Roasted
Vegetables

Garden Peas
&
Baked Beans

**DESSERT
OF THE
DAY**

**WARM
BANANA
FLAPJACK**

SCHOOL CAKE

**CHOCOLATE
SHORTBREAD
CAKE**

**STICKY
TOFFEE
APPLE
CRUMBLE**
with Custard

**PANCAKES
& CHERRY
SAUCE**

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