

Our Values



Pursuit of Excellence



Value our People



High Quality Learning Environment



Achievement for all



Extending the Boundaries of Learning

Key Stage 5 Health and Social care -

Year 12



Curriculum aims

Our curriculum is built upon the Cambridge Advanced Nationals in Health and Social Care specification. Both the exam and coursework elements are designed to allow students to explore how the physical, psychological and sociological needs of people are met. It also explores relevant theorists and how to apply these and evaluate research. We will also develop students' skills in English through assignment writing.

Curriculum content

Cambridge Advanced Nationals in Health and Social Care Specification: <https://www.ocr.org.uk/Images/697569-specification-cambridge-advanced-national-in-health-and-social-care.pdf>

- **Principles of health and social care** - In this unit you will learn about the key topics that are important to develop underpinning knowledge and understanding relevant to health and social care
- **Person-centred approach to care** - In this unit you will learn the principles and values that underpin a person-centred approach to care and the practical tools that can be used to develop care plans for individual
- **Supporting people with mental health conditions** - In this unit you will learn about how individuals with mental health conditions can be cared for and supported in a way which is suitable for their needs

Curriculum Delivery

There will be nine taught hours per fortnight in the department. Lessons will be based on discussion of key theories and concepts, leading to the production of effective classroom notes. Initial student research is a key element of classroom practice. Exam technique is considered, developed and analysed throughout our curriculum delivery.

Year 13



In year 13, we build upon year 12 knowledge and skills to explore the body and associated health conditions. In the coursework elements we explore sexual health, pregnancy and postnatal health and healthy lifestyles. The qualification will also help you develop independence and confidence in using skills that are relevant to the sector and that prepare you for progressing to university courses where independent study skills are needed.

- **Anatomy and physiology for health and social care** - in this unit you will learn about body systems their functions, and the conditions that effect these systems
- **Supporting people in relation to sexual health, pregnancy and postnatal health** - in this unit you will explore sexual health, through to conception, pregnancy and postnatal care.
- **Supporting healthy nutrition and lifestyles** - in this unit you will learn about nutrition and physical exercise guidelines. You will learn how to use this information to plan healthy and balanced meals for service users with different nutritional needs

This is a two year course and in year 13 there will be eight taught lessons a fortnight. The focus will be on research, analysing and evaluating skills. There will be a mix of learning styles incorporated into the curriculum such as booklets, worksheets, written notes and mindmapping. There will be plenty of opportunities for extra exam practice and essay writing and there will be lots of learning by research outside of the lessons.