

# Meet the Team

At Northstowe Secondary College we believe every student has a right to lead a safe and healthy life be it in school or in the local community.

Northstowe Secondary College will provide in-school support provision that focuses on early intervention in the areas of SEND, mental health, behaviour support and restorative approaches. We will work very closely with Swavesey Village College to ensure we can provide the best possible care.



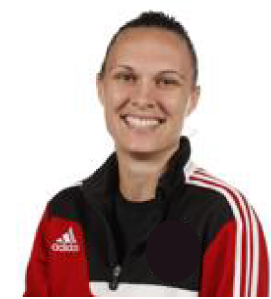
**Carole Moss**

Head of School and Designated Safeguarding Lead



**Simon Russell**

Assistant Headteacher, Deputy Designated Safeguarding Lead and How to Thrive teacher



**Sarah Letherby**

SENCO



**Caroline Cook**

Student Support Assistant

# In School Support

All staff have a responsibility to support social and emotional development, to build resilience and promote well-being through the wider curriculum.

## Tutor

Tutors are the first point of contact for both academic monitoring and advice. Tutors will assess progress, encourage personal reflection and set individual targets. We pride ourselves in knowing our young people well and develop positive relationships with their families.



Tutors receive regular ongoing training and support, both from the Senior Tutor of the house and through centralised INSET (NSC and CMAT).

## Curriculum

All students will follow a "How to Thrive" programme of study. A fully designed curriculum that teaches students' skills to develop their resilience, to enable them to deal with life's challenges and to thrive. If students are able to think more accurately and flexibly about different or difficult situations then they will be more likely to solve problems effectively; keep things in perspective, not give up and enhance their optimism and confidence.

## Student Support Assistant and Senior Tutor

The Student Support Assistant is based in the House Office and is always available to support any day to day student issues or parent enquires. The Senior Tutor (Head of House) has responsibility for managing the tutors in their house and tracks the students' academic progress and overall needs.



# External Support



Kooth, for XenZone, is an online counselling and emotional well-being platform for children and young people, accessible through mobile, tablet and desktop.  
<https://www.kooth.com/>

Keep Your Head brings together reliable information on mental health and well-being for children, young people and adults across Cambridgeshire and Peterborough.  
<https://www.keep-your-head.com/>



CHUMS is a Mental Health & Emotional Wellbeing Service for Children and Young People which provides therapeutic support in a variety of ways. <http://chums.uk.com/>

Chat 33 operate a range of services from free counselling and support to information on sexual health, housing, budgeting and a young carers' project.  
<http://centre33.org.uk>



ChatHealth is a secure NHS approved text messaging service that is run by our school nursing team in the Cambridgeshire Healthy Child Programme.  
<https://www.healthforteens.co.uk/health/about-chathealth/>

