



North Cambridge
Academy

SPORTS
LEADER

PLEDGES Programme

Student's Name:

The PLEDGES Programme

North Cambridge Academy as part of CMAT believe in an all-round education where 'every child develops self-confidence, life-skills and leadership experiences'. In order to support our challenging curriculum, we have also developed and invested in a simple but broad set of Academy PLEDGES that students are expected to complete during the course of their time at North Cambridge Academy

These PLEDGES are modelled on the Duke of Edinburgh Award scheme in that each student is expected to complete at least one PLEDGE in every Bronze section by the end of year 9 and Silver section by the end of year 11. For those who want to progress more quickly there is a Gold PLEDGE award and this will be presented to each successful student by a senior member of the CMAT trust at a special award ceremony .

At Bronze, Silver and Gold levels:

 Participation Pledge

 Diversity Pledge

 Environmental Pledge

 Leadership Pledge

 Giving Pledge

 Service Pledge

 Excellence Pledge

PLEDGES is an awards system which offers students a range of character building opportunities that enhance their learning and development.

The PLEDGES system aims to encourage and support many important qualities in students such as leadership, citizenship, moral purpose , sense of community and collective responsibility. Many of the PLEDGES criteria have at their core the British Values of;

Democracy, The rule of law, Individual Liberty, Mutual Respect and Tolerance.









To ensure all students gain the award they will be supported through school activities and tutor discussion but the onus is on the student to ensure all sections of the PLEDGES are complete. Parents will be made aware of their child's progress through the regular written reporting cycle.

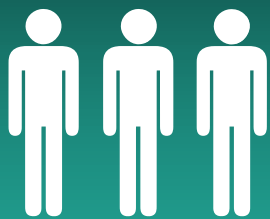
Gold: TO LEAD

Silver: HELP ORGANISE

Bronze: TAKE PART IN

	 PARTICIPATION	 LEADERSHIP	 EXCELLENCE	 DIVERSITY	 GIVING	 ENVIRONMENT	 SERVICE
BRONZE	Attend an after school club for six weeks either sporting, cultural and/or academic	Take a lead role in and be a significant part of a lesson's structure. This should be recorded by a member of staff	Receive an academic sporting or cultural award from school	Actively participate in activities which explore/promote/challenge bullying/racism/homophobic views and stereotypes	Complete the school sponsored walk and raise money for charity or a community project	Volunteer and complete clearing duties in the restaurant for 3 consecutive days	Be a tour guide for parents or visitors to the school both during school times and/or after school events
	Read in class so that the teacher is able to identify you as a regular reader	Make a positive contribution as a student receptionist and have a reference written up to make clear the positive contribution	Take part in an out of school activity which called for determination, grit and resilience	Visit another country and show awareness of their cultural identity	Take part in an event which raises awareness of a charity or community project	Complete 5 litter picks during your free time on consecutive days	Play a role in supporting an after-school activity through providing a service to staff/parents/ community
	Read 60,000 words as recorded by 'Accelerated Reader' or similar school reading programme	Take part in a form activity which is seen by a wider audience	Represent the school in a team or individual sport, cultural or academic competition	Learn to speak or make significant progress in a language not taught in the school curriculum	Donate old school uniform/PE kit/books, toys, games to school for the benefit of the school community	Actively participate in improving the school environment in a way which could be recorded and is substantial and sustained	Take part in a service activity outside school such as scouts, police cadets, army cadets for at least 6 sessions
	Participate in a school or outside school concert, show or sporting event	Write a school play/a piece of poetry which is performed/a song which is heard/a story which is read out	Receive regular and substantial praise in your books in a number of different subjects over a term	Produce a project about a culture new to you or country that you have not lived in	Donate regularly to a food-bank or local community project	Help with a recycling scheme	Get involved with the Service section of the Bronze Duke of Edinburgh's Award
	Attend an out of school club for a sustained period and no less than 6 weeks	Take an ambassadorial role either in or outside school	Take part in a holiday/ weekend activity where your skill and or knowledge has deepened in a particular subject	Visit a place of significant cultural difference within the UK	Be a recognised buddy for someone	Help with the various gardening/environmental projects around the school for at least 5 hours in a term	Be part of a design or service which either helps make life easier or helps make people make progress in their daily lives
SILVER	Help to organise a sporting, cultural or academic activity for 12 weeks	Help to organise a House assembly	Help to organise an activity where significant endeavour has to be demonstrated	Actively promote anti-racist and/or anti homophobic activities and view point	Run a fund raising activity in school which benefits a charity or community project	Be part of the organisation of a group of students in clearing duties in the restaurant for 3 consecutive days	Organise tour guides for parents or visitors to the school both during school times and/or at after school events
	Be part of the organisation of a reading group or organise a group reading project in class	Take a key role in a sporting, cultural or academic fixture/concert/challenge which benefits a community	Organise an activity which called for determination, grit and resilience on behalf of the competitors	When visiting another country use their language to order food and/or navigate	Organise awareness of a charity or community project within the school through assemblies, events and charities mornings.	Organise 5 litter picks during your free time on consecutive days	Help to organise supporting an after-school activity through providing a service to staff/parents/ community
	Read 100,000 words as recorded by 'Accelerated Reader' or similar school reading programme	Organise a school activity such as a charity stall for the benefit of a community	Represent the county in a team or individual sport, cultural or academic competition	Make significant progress in a language not taught in the school curriculum	Organise the collection of old school uniform/PE kit/books, toys, games to school for the benefit of the school community	Help organise activities which would actively improve the school environment	Take part in a service activity outside school such as scouts, police cadets, army cadets for at least 10 sessions
	Help to organise a concert, show or sporting event	Write a school play/a piece of poetry which is performed/a song which is heard/a story which is read out	Evidence where you have made substantial effort in and out of class in a number of subjects	Help organise a project about a culture new to you or country that you have not lived in	Organise donations to a food-bank or local community project	Help organise a recycling scheme	Complete the Service section of the Silver Duke of Edinburgh's Award
	Take a buddy to an out of school club for a sustained period of 6 sessions	Take an ambassadorial role either in or outside school	Be an active organiser in a holiday/weekend activity where your skill and or knowledge has deepened in a particular subject	Help organise a trip to a place of significant cultural difference within the UK	Organise someone as a recognised buddy	Help organise a gardening/ environmental project around the school for at least 5 hours in a term	Help to organise a design or service which either helps make life easier or helps make people make progress in their daily lives
GOLD	Lead a sporting, cultural or academic activity for 12 weeks	Be a member of the School/Student Council or an ambassador for the school in a particular area	Lead an activity where significant endeavour has to be demonstrated	Lead on promoting mutual respect and tolerance of different faiths and beliefs	Lead on organising a collection in aid of a charity and/or community project	Lead a group of students in clearing duties in the restaurant for 3 consecutive days	Be a leader of tour guides showing them how to conduct themselves whilst touring visitors to the school
	Lead a reading group	Be a leader of a sporting, cultural or academic team' event	Lead an activity which called for determination, grit and resilience to be shown by the competitors	Be a leader in promoting another country's cultural capital	Volunteer in a local charity shop or for an out of school charity event or community project	Lead independently 5 litter picks during your free time on consecutive days	Lead the support of an after school activity through providing a service to staff/parents/ community
	Read 150,000 words as recorded by 'Accelerated Reader' or similar school reading programme	Lead a significant project which is seen by your House/school	Represent the region or country in a team or individual sport, cultural or academic competition	Be recognised for significant progress in a language not taught in the school curriculum	Lead on creating a shop/stall/event which helps sell old uniform books, toys, games in or outside the school	Lead on creating a better school environment	Take part in a service activity outside school such as scouts, police cadets, army cadets for at least 1 term
	Take a lead role in a concert, show or sporting event	Write a school play/a piece of poetry which is performed/a song which is heard/a story which is read out	Be someone whose behaviour and record of progress is something to be admired	Lead on a project about a culture new to you or country that you have not lived in	Lead on establishing a food-bank donation or local community scheme at Christmas or other times of the year	Lead a recycling scheme around the school for at least 5 hours in a term	Complete the Service section of the Silver Duke of Edinburgh's Award
	Take some form of leadership in an out of school club, substantiated by club leader	Organise or develop an ambassadorial role either in or outside school	Lead a holiday/weekend activity where your skill and or knowledge has deepened in a particular subject	Lead a trip to a place of significant cultural difference within the UK	Be a leader of those who buddy	Lead a gardening/ environmental project around the school for at least 5 hours in a term	Lead on a design or service which either helps make life easier or helps make people make progress in their daily lives

Many of the PLEDGES have at their core the 'British Values' of:
• Democracy • The rule of law • Individual liberty • Mutual respect • Tolerance



PARTICIPATION PLEDGE

This PLEDGE is achieved by students showing a commitment to an activity for an on-going period of time.

BRONZE AWARD

- Attend an after school club for six weeks either sporting, cultural and/or academic
- Read in class so that the teacher is able to identify you as a regular reader
- Read 60,000 words as recorded by 'Accelerated Reader' or similar school reading programme
- Participate in a school or outside school concert, show or sporting event
- Attend an out of school club for a sustained period and no less than 6 weeks

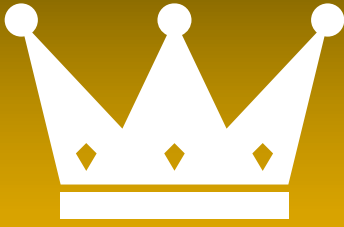
SILVER AWARD

- Help to organise a sporting, cultural or academic activity for 12 weeks
- Be part of the organisation of a reading group or organise a group reading project in class
- Read 100,000 words as recorded by 'Accelerated Reader' or similar school reading programme
- Help to organise a concert, show or sporting event
- Take a buddy to an out of school club for a sustained period of 6 sessions

GOLD AWARD

- Lead a sporting, cultural or academic activity for 12 weeks
- Lead a reading group
- Read 150,000 words as recorded by 'Accelerated Reader' or similar school reading programme
- Take a lead role in a concert, show or sporting event
- Take some form of leadership in an out of school club, substantiated by club leader





LEADERSHIP PLEDGE

This PLEDGE is achieved by students taking-on roles of responsibility where they are directly influencing the actions of those around them.



BRONZE AWARD

- Take a lead role in and be a significant part of a lesson's structure. This should be recorded by a member of staff
- Make a positive contribution as a student receptionist and have a reference written up to make clear the positive contribution
- Take part in a form activity which is seen by a wider audience
- Write a school play/a piece of poetry which is performed/a song which is heard/a story which is read out
- Take an ambassadorial role either in or outside school.

SILVER AWARD

- Help to organise a House assembly
- Take a key role in a sporting, cultural or academic fixture/concert/ challenge which benefits a community
- Organise a school activity such as a charity stall for the benefit of a community
- Write a school play/a piece of poetry which is performed/a song which is heard/a story which is read out
- Take an ambassadorial role either in or outside school

GOLD AWARD

- Be a member of the School/Student Council or/ and an ambassador for the school in a particular area
- Be a leader of a sporting, cultural or academic 'team' event
- Lead a significant project which is seen by your House/school
- Write a school play/a piece of poetry which is performed/a song which is heard/a story which is read out
- Organise or develop an ambassadorial role either in or outside school



EXCELLENCE PLEDGE

This PLEDGE is achieved by students demonstrating an advanced level of performance in a particular field.



BRONZE AWARD

- Receive an academic sporting or cultural award from school
- Take part in an out of school activity which called for determination, grit and resilience
- Represent the school in a team or individual sport, cultural or academic competition
- Receive regular and substantial praise in your books in a number of different subjects over a term
- Take part in a holiday/weekend activity where your skill and or knowledge has deepened in a particular subject

SILVER AWARD

- Help to organise an activity where significant endeavour has to be demonstrated
- Organise an activity which called for determination, grit and resilience on behalf of the competitors
- Represent the county in a team or individual sport, cultural or academic competition
- Evidence where you have made substantial effort in and out of class in a number of subjects
- Be an active organiser in a holiday/weekend activity where your skill and or knowledge has deepened in a particular subject

GOLD AWARD

- Lead an activity where significant endeavour has to be demonstrated
- Lead an activity which called for determination, grit and resilience to be shown by the competitors
- Represent the region or country in a team or individual sport, cultural or academic competition
- Be someone whose behaviour and record of progress is something to be admired
- Lead a holiday/weekend activity where your skill and or knowledge has deepened in a particular subject



DIVERSITY PLEDGE

This PLEDGE is achieved by students gaining an understanding, appreciation and respect of the differences within a multitude of communities and cultures.

BRONZE AWARD

- Actively participate in activities which explore/promote/challenge bullying/racism/homophobic views and stereotypes
- Visit another country and show awareness of their cultural identity
- Learn to speak or make significant progress in a language not taught in the school curriculum
- Produce a project about a culture new to you or country that you have not lived in
- Visit a place of significant cultural difference within the UK

SILVER AWARD

- Actively promote anti-racist and/or anti homophobic activities and view point
- When visiting another country use their language to order food and/or navigate
- Make significant progress in a language not taught in the school curriculum
- Help organise a project about a culture new to you or country that you have not lived in
- Help organise a trip to a place of significant cultural difference within the UK

GOLD AWARD

- Lead on promoting mutual respect and tolerance of different faiths and beliefs
- Be a leader in promoting another country's cultural capital
- Be recognised for significant progress in a language not taught in the school curriculum
- Lead on a project about a culture new to you or country that you have not lived in
- Lead a trip to a place of significant cultural difference within the UK





GIVING PLEDGE

This PLEDGE is achieved by students committing their time and effort to help others.

BRONZE AWARD

- Complete the school sponsored walk and raise money for charity or a community project
- Take part in an event which raises awareness of a charity or community project
- Donate old school uniform/PE kit/books, toys, games to school for the benefit of the school community
- Donate regularly to a food-bank or local community project
- Be a recognised buddy for someone

SILVER AWARD

- Run a fund raising activity in school which benefits a charity or community project
- Organise awareness of a charity or community project within the school through assemblies, events and charities mornings.
- Organise the collection of old school uniform/PE kit/books, toys, games to school for the benefit of the school community
- Organise donations to a food-bank or local community project
- Organise someone as a recognised buddy

GOLD AWARD

- Lead on organising a collection in aid of a charity and/or community project
- Volunteer in a local charity shop or for an out of school charity event or community project
- Lead on creating a shop/stall/event which helps sell old uniform books, toys, games in or outside the school
- Lead on establishing a food-bank donation or local community scheme at Christmas or other times of the year
- Be a leader of those who buddy





ENVIRONMENT PLEDGE

This PLEDGE is achieved by students thinking about the world we live in and how we can preserve it.

BRONZE AWARD

- Volunteer and complete clearing duties in the restaurant for 3 consecutive days
- Complete 5 litter picks during your free time on consecutive days
- Actively participate in improving the school environment in a way which could be recorded and is substantial and sustained
- Help with a recycling scheme
- Help with the various gardening/environmental projects around the school for at least 5 hours in a term

SILVER AWARD

- Be part of the organisation of a group of students in clearing duties in the restaurant for 3 consecutive days
- Organise 5 litter picks during your free time on consecutive days
- Help organise activities which would actively improve the school environment
- Help organise a recycling scheme
- Help organise a gardening/environmental project around the school for at least 5 hours in a term

GOLD AWARD

- Lead a group of students in clearing duties in the restaurant for 3 consecutive days
- Lead independently 5 litter picks during your free time on consecutive days
- Lead on creating a better school environment
- Lead a recycling scheme
- Lead a gardening/environmental project around the school for at least 5 hours in a term





SERVICE PLEDGE

This PLEDGE is achieved by students providing assistance to others and helping those in need.

BRONZE AWARD

- Be a tour guide for parents or visitors to the school both during school times and/or after school events
- Play a role in supporting an after-school activity through providing a service to staff/parents/ community
- Take part in a service activity outside school such as scouts, police cadets, army cadets for at least 6 sessions
- Get involved with the Service section of the Bronze Duke of Edinburgh's Award
- Be part of a design or service which either helps make life easier or helps make people make progress in their daily lives

SILVER AWARD

- Organise tour guides for parents or visitors to the school both during school times and/or after school events
- Help to organise supporting an after-school activity through providing a service to staff/parents/ community
- Take part in a service activity outside school such as scouts, police cadets, army cadets for at least 10 sessions
- Complete the Service section of the Silver Duke of Edinburgh's Award
- Help to organise a design or service which either helps make life easier or helps make people make progress in their daily lives

GOLD AWARD

- Be a leader of tour guides showing them how to conduct themselves whilst touring visitors to the school
- Lead the support of an after school activity through providing a service to staff/parents/community
- Take part in a service activity outside school such as scouts, police cadets, army cadets for at least 1 term
- Complete the Service section of the Silver Duke of Edinburgh's Award
- Lead on a design or service which either helps make life easier or helps make people make progress in their daily lives



Dear Student

In the coming years we would like you to achieve, as a minimum, your Bronze PLEDGE by year 9 and your silver PLEDGE by the end of year 11. If you do achieve both PLEDGES then please try to Go for the Gold PLEDGE.

Each PLEDGE has an activity that you can do either in or out of school and your form tutor will be the person to ensure that you have recorded each pledge, please make sure that they are aware of all your efforts and don't forget to record what you have done.

This page is to help you identify which PLEDGE you are going to achieve when you commit to Bronze. You could circle, with the help of your tutor and/or parent the PLEDGES you are going to achieve this term or year, or perhaps identify those pledges that you still need to achieve. Remember, Bronze is about taking part in whereas silver and gold is about organising and leading.

Good Luck!

 PARTICIPATION	 LEADERSHIP	 EXCELLENCE	 DIVERSITY	 GIVING	 ENVIRONMENT	 SERVICE
Attend an after school club for six weeks either sporting, cultural and/or academic	Take a lead role in and be a significant part of a lesson's structure. This should be recorded by a member of staff	Receive an academic sporting or cultural award from school	Actively participate in activities which explore/promote/challenge bullying/racism/homophobic views and stereotypes	Complete the school sponsored walk and raise money for charity or a community project	Volunteer and complete clearing duties in the restaurant for 3 consecutive days	Be a tour guide for parents or visitors to the school both during school times and/or after school events
Read in class so that the teacher is able to identify you as a regular reader	Make a positive contribution as a student receptionist and have a reference written up to make clear the positive contribution	Take part in an out of school activity which called for determination, grit and resilience	Visit another country and show awareness of their cultural identity	Take part in an event which raises awareness of a charity or community project	Complete 5 litter picks during your free time on consecutive days	Play a role in supporting an after-school activity through providing a service to staff/parents/community
Read 60,000 words as recorded by 'Accelerated Reader' or similar school reading programme	Take part in a form activity which is seen by a wider audience	Represent the school in a team or individual sport, cultural or academic competition	Learn to speak or make significant progress in a language not taught in the school curriculum	Donate old school uniform/PE kit/books, toys, games to school for the benefit of the school community	Actively participate in improving the school environment in a way which could be recorded and is substantial and sustained	Take part in a service activity outside school such as scouts, police cadets, army cadets for at least 6 sessions
Participate in a school or outside school concert, show or sporting event	Write a school play/a piece of poetry which is performed/a song which is heard/a story which is read out	Receive regular and substantial praise in your books in a number of different subjects over a term	Produce a project about a culture new to you or country that you have not lived in	Donate regularly to a food-bank or local community project	Help with a recycling scheme	Get involved with the Service section of the Bronze Duke of Edinburgh's Award
Attend an out of school club for a sustained period and no less than 6 weeks	Take an ambassadorial role either in or outside school	Take part in a holiday/weekend activity where your skill and or knowledge has deepened in a particular subject	Visit a place of significant cultural difference within the UK	Be a recognised buddy for someone	Help with the various gardening/environmental projects around the school for at least 5 hours in a term	Be part of a design or service which either helps make life easier or helps make people make progress in their daily lives



North Cambridge Academy

Arbury Road, Cambridge, CB4 2JF

Tel: 01223 491500

Email: reception@northcambridgeacademy.org

www.northcambridgeacademy.org