



# NPA How to support your child

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PE Live Session

'Nene Park Academy students are given the opportunities to build healthy habits and experiences to be 'fit for life'.



# Welcome to NPA PE!

## Meet the PE Team



Mr Kennedy  
Head of PE



Miss York  
Second in PE



Miss Foster  
Assistant Principal



Mrs Gleeson  
Senior Tutor



Mr Hunt  
PE Teacher



Mr Ogden  
Senior Tutor



Mr Braby  
PE Teacher



Miss Grieves  
PE Teacher



Mr Burton-Jones  
PE Teacher



Mrs Long  
UCAS Lead



Miss Veal  
PE Teacher



# Curriculum Overview



Year 7 Competence (Physical)	Year 8 Confidence (Technical)	Year 9 Competition/Co-operation (Tactical)
<b>Physical Skills</b>		
<p><b>Change speed, direction and height under control in a variety of ways.</b></p> <p><b>Pass/strike an object with hand, foot, racket, bat or stick, consistently with accuracy and appropriate pace.</b></p> <p><b>Move an object under control.</b></p> <p><b>Receive/be able to return an object.</b></p> <p><b>Mark an opponent.</b></p> <p><b>Get free from an opponent.</b></p> <p><b>Apply basic rules for the activity.</b></p> <p><b>Sustain physical activity for the duration of the activity.</b></p>	<p>Maintain correct speed, direction and height.</p> <p>Change the pace, direction, spin and trajectory of an object.</p> <p>Maintain a rally/return an object using an effective pass/shot.</p> <p>be able to maintain possession.</p> <p>Close down an opponent, object and space.</p> <p>Intercept/tackle to gain possession.</p> <p>Demonstrate a variety of ways to get into space.</p> <p>Apply specific rules for the activity.</p> <p>Sustain physical activity for the duration of the activity.</p>	<p>Demonstrate the effective adaptation of tactics in isolated and competitive situations.</p> <p>Demonstrate an ability to work with others to organise <b>and run</b> fair, group-appropriate competitions and events within each block of work.</p> <p>Manage emotions to compete/co-operate with peers in a range of different situations and scenarios.</p>
<b>Life Skills</b>		
<p><b>Communication</b></p> <p><b>Solving problems</b></p> <p><b>Self awareness</b></p> <p><b>Resilience</b></p>	<p>Empathy</p> <p>Interpersonal skills</p> <p>Decision making</p> <p>Problem Solving</p> <p>Emotional Intelligence</p>	<p>Critical thinking</p> <p>Assertiveness</p> <p>Interpersonal skills</p> <p>Creative thinking</p>

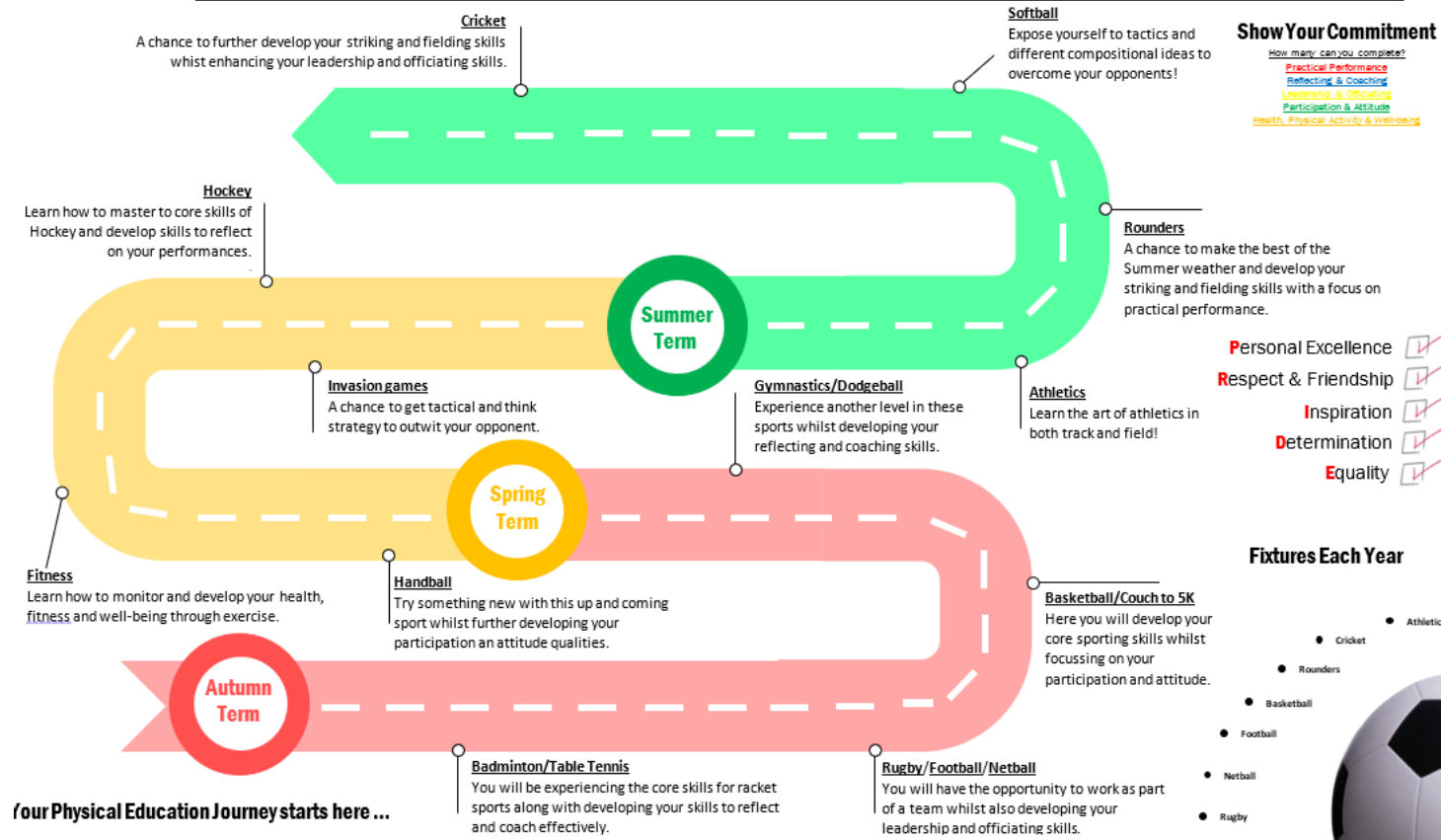


# Curriculum Breakdown



## The Nene Park Academy Physical Education Journey

### Year 7 – Creating A Love for Physical Education



# Session 6 Programme/Fixtures



*NPA PE Department offer a wide variety of after school sports clubs during the school week.*

*The sessions involve you learning and developing your skills in the particular activity through skill practices and competitive games!*

*If you regularly attend these clubs you will be invited to represent NPA in local or even national fixtures!*

Autumn	Spring	Summer
Football Club	Rugby Club	Dance Club (external)
Rugby Club	Trampolining	Rounders Club
Basketball Club	Badminton Club	Cricket Club
Dodgeball Club	Gymnastics Club	Athletics Club
Trampolining Club	Boys Football Club	Tennis Club
Gymnastics Club	Table Tennis Club	
	Netball Club	
	Dance Club (external)	

*Here are some of the PE session 6 clubs that have been offered to Year 7 in the past!*



# Fixtures @ NPA





# Fixtures @ NPA



Key fixture dates Sept-Dec	
5 <sup>th</sup> Sept	Football group stages begin Indoor rowing competitions start
4 <sup>th</sup> Oct	Table tennis
5 <sup>th</sup> Oct	Boys touch rugby festival
12 <sup>th</sup> Oct	Girls touch rugby festival
31 <sup>st</sup> Oct	Basketball leagues start
25 <sup>th</sup> Nov	Cross country @ Ferry Meadows
30 <sup>th</sup> Nov	Swimming gala (tbc)



# Expectation and Kit

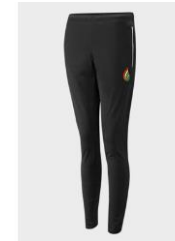


## **Expectations:**

**Ready:** Turn up to every lesson with your full PE kit.

**Respectful:** Always be ready to learn. Be the best that you can be and demonstrate good sportsmanship at all times.

**Safe:** Follow teacher instructions at all times. Never use equipment unsupervised.



Full NPA PE Kit **MUST** be worn for all PE lessons. Suitable footwear appropriate to your activity is also required.



# Facilities

- Field
- Sports hall – 4x badminton courts and full-size basketball court
- Dance studio
- 3G
- Dual use of PUFC 4G facility and dome
- 2x Netball courts
- Fitness suite





# How to support your child...

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PE & Sport



# Supporting your child in PE



- Ensure** your child brings their kit to all PE lessons
- Encourage** your child to attend at least 1x session 6 sports club per term
- Engage** your child in the world of sport! Ask about their lessons, check if they have a homework task to complete



# Thank you for joining us!

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We look forward to working with you

Any further questions, please email: [akennedy@neneparkacademy.org](mailto:akennedy@neneparkacademy.org)