









Lunch Clubs












at MBA...

Lunch time clubs are an invaluable part of the curriculum that provides our learners with access to a wide, rich set of experiences that extend beyond the academic offer. When considering the availability of clubs, at MBA we are committed to providing learners opportunities to have fun, whilst developing their talent and interests. Through the lunch time club offer we endeavour to contribute towards the personal development of our learners and equip them with vital skills that support them to be confident, resilient and independent young people who grow up to be responsible, respectful and active citizens. Providing learners opportunities to develop their social skills in different contexts also underpins these opportunities, bringing learners from across the school together through shared interests. Pupil voice is at the heart of accessing clubs, with learners being given the opportunity to identify which clubs they would like to attend (support will be provided by staff if required).







In order to determine the Lunch time club offer, we capture the views from the whole school community to ensure we cover a breadth of opportunities. This ensures all learners have the opportunity to pursue their passions and interests and to try something new should they wish.








Lunch Clubs 23-24

Primary				
Monday	Tuesday	Wednesday	Thursday	Friday
Sports Club 				
Music  Music	Outdoor Art  Outdoor Art	Swimming  Swimming	Sports  Sports	Parachute Games  Parachute Games

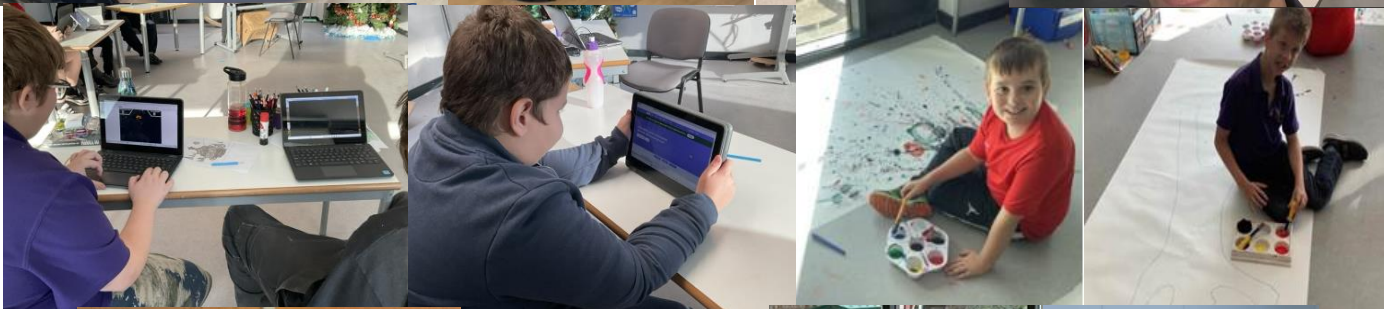
Secondary				
Monday	Tuesday	Wednesday	Thursday	Friday
Sports Club 				
Fitness / Running  Fitness	Social <i>Invite Only</i>  Social	Science  Science	Swimming  Swimming	Dance  Dance
Welsh Language  Welsh	Games  Games	Makaton Choir  Choir	Film Making  	ICT  ICT

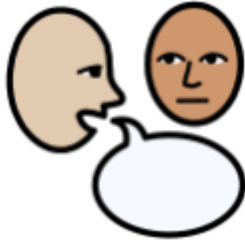
Lunch Club Offer

Club	Benefits
 Fitness	<p>Fitness club provides learners with the opportunity to get active and increase their physical activity levels, in a fun and enjoyable way. There are various fitness activities available, ranging from road running, boxercise and circuit training, whilst also working with learners to identify the physiological effects of exercise on the body. We have been fortunate to receive funding through Living Sport that we have used to purchase different sports and fitness equipment to enhance their club further.</p>
 Swimming	<p>All learners must access swimming as a part of the National Curriculum. Swimming is a very popular amongst our student population and is offered to both primary and secondary learners. Swimming gives learners additional opportunities to extend their interactions with adults and peers in a swimming pool environment, whilst building on their skill levels, whether that be to increase their confidence in the water to the development of stroke techniques. Swimming also provides learners with the opportunity to develop their physical fitness, impacting on learners mental health.</p>
 Chess	<p>Whether you are new to chess or an experienced chess player, Chess club provides learners with an opportunity to play with their peers in a fun environment. There are many benefits to playing chess including improving cognitive skills such as concentration, decision making and critical thinking, whilst also improving self-confidence and self-worth.</p>
 Social	<p>Social club is designed for adolescent learners who have particular difficulties socialising with others when they are without structure or guidance. The students have been chosen for various reasons through MDT and attendance is through invitation only. We use the role play realm of a 'café' and the young people choose which roles they would like to play in the café or if they would like to sit and talk about the magazines provided. Themes brought up are decided by the young learners and the 'play' is guided by them. The idea is that learners will experience how to manage themselves socially in a safe and non-judgemental environment and how to have appropriate fun in a real world scenario.</p>
 Science	<p>Science club provides those learners who have an interest in science to try out some more fun experiments that they might not encounter in the classroom. Over the year we will start working on some projects for our MBA scientists to present at a Meridian Trust science fair later in the year.</p>
 Cricket	<p>Indoor cricket provides learners with an enjoyable physical development experience to extend their interactions with staff and peers throughout an enjoyable sporting experience. Cricket provides learners with an opportunity to develop their gross and fine motor skills and develop their hand eye coordination. As a sporting activity it will also provide learners with an opportunity to develop sport specific skills, interact with their peers, follow rules and also give learners the opportunity to develop leadership skills. Cricket supports both learners physical and mental wellbeing, providing learners with an opportunity to develop their health and fitness.</p>

 <p>Dance</p>	<p>Dance club provides an opportunity for those learners who enjoy music and dance to come together and share their passions. Dance clubs provide learners an opportunity to develop and practice their dance moves but also put together a dance sequence to different songs. Learners in this club will develop a dance routine that will be performed to the whole school community.</p>
 <p>History</p>	<p>History club provides learners with additional opportunities to develop their historical knowledge, using the knowledge of an experienced history teacher to provide learners with fun and engaging opportunities to explore many historical figures / periods of time. Currently learners in this club are learning about the Roman empire. They are investigating what made the Roman army so dominant, looking at equipment, tactics and training. Learners will also explore how the Romans governed, the culture and infrastructure, ending with a discussion around whether the Roman empire a good or bad thing for the countries they occupied.</p>
 <p>Choir</p>	<p>In Makaton choir students of all abilities have the chance to join in with making music and improving their Makaton signs. The choir covers an array of songs, offers opportunities for building confidence and for performing in front of a live audience. Students can earn pledges from copper through to diamond in the choir, as well as having a chance to have a sing, a sign and a laugh.</p>
 <p>ICT</p>	<p>ICT club provides learners with an opportunity to pursue their passions and interests and have fun through ICT. Learners lead the clubs and can include whether that be through using particular programmes such as Scratch to create their own animation characters or just to play games.</p>
 <p>Parachute Games</p>	<p>Parachute games is offered as a lunch time club for our primary learners. Parachute games is an engaging and enjoyable learning experience for all learner, enabling learners to engage in shared interactions of a common resource, taking-turns with each other leading to an increase in confidence and social interaction. There is also a plethora of wider skills that can be developed such as rhythm, listening, communication and visual-auditory skills.</p>
 <p>Games</p>	<p>Indoor games is a primary lunch club and it is designed to provide learners with additional social interaction opportunities, promoted using a range of indoor games. Primary learners at MBA are still developing their ability to form meaningful social interactions with their peers and this club provides a key vehicle to develop these key skills. Alongside the development of learner social skills, learners will also have opportunities to develop their ability to share a common resource, turn take and follow common / shared rules.</p>
 <p>Art</p>	<p>Art at lunch time provides learners who have a passion for art to pursue this further, using a variety of different artistic tools and mediums to produces different artistic pieces. Art opportunities can range from sensory art, where learners can engage in specific art activities that relates to learner senses or reproduce work created by different artists. Art club also gives learners the opportunity to develop wider skills such as mark making, fine motor skills and communication.</p>

Lunch Clubs...*in action:*





Pupils...have their say:

I really enjoy the exercise bike...I love the speed! – Isaac.

Sometimes I get stressed and there wasn't anything I could do before the fitness club. This helps me get rid of my stress - Ryan.

I want to join the SAS and the fitness club will help me do that - Connor.

I love being in the swimming pool, it is fun – Peter / Johntae

I really enjoy the cricket club; I like batting the most - Jason.

I love dancing and the dance club is fun - Freya

I love the ICT club; I really enjoy making different characters on Scratch - Harry

I love doing experiments in the science clubs, especially involving fire (Bunsen Burners) - James

I really enjoy the lunch time clubs, I enjoy the Fitness, History and Science clubs - Zeb

