

**NHS**

Bedfordshire  
Community Health Services



BEDFORDSHIRE COMMUNITY HEALTH SERVICES

PRESENT...



MON-FRI  
9AM-4.30PM

**Text: 07507 331456**

# What is ParentLine?

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Community Health Services



TEXT MESSAGES CAN BE ANONYMOUS AND COST  
THE SAME AS A STANDARD TEXT OR WILL COME  
OUT OF YOUR MESSAGES ALLOWANCE  
(FOR PHONES ON CONTRACT).

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# Who replies to Parentline texts?

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HELLO! MY NAME IS VICKI, I'M ONE OF THE MANY REGISTERED NURSES THAT REPLIES TO PARENTLINE TEXT MESSAGES.

FROM MONDAY TO FRIDAY 9AM - 4.30PM THERE IS ALWAYS SOMEONE WORKING ON THE PARENTLINE HELP DESK.

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# What can we talk about?

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Parenting advice and support   Sleep   Continence

Immunisations   Mental health   Minor illness

Speech   Behaviour   Temper tantrums

Infant feeding   Diet & exercise

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To: 07507 331456



I NEED ADVICE ABOUT SOME  
ISSUES MY CHILD IS HAVING

SEND



HELLO I'M SARA :) NO PROBLEM, I  
CAN HELP YOU. LET'S START AT THE  
BEGINNING...



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*It's really that simple!*

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