

Dear Parents and Guardians,

We are writing to you today to invite you to participate in a consultation on our school's Personal, Social, Health and Economic (PSHE) curriculum. PSHE is an important part of our school's overall education program, and we believe that it is essential for all students to receive a comprehensive PSHE education.

PSHE education is designed to help students develop the knowledge, skills, and attitudes they need to make informed decisions about their lives. It covers a wide range of topics, including:

- Personal development: This includes self-esteem, emotional literacy, and building positive relationships.
- Social and health education: This includes relationships, sex education, healthy living, and staying safe.
- Economic education: This includes financial literacy, enterprise, and the world of work.

As you may already be aware, Relationships and Sex Education (SRE), along with Health Education, is a statutory part of the National Curriculum as of September 2020. As part of our school's wider PSHE programme, your child will also receive lessons on relationships, sexual health, and personal safety.

Sex and Relationship Education (SRE) is an important part of the PSHE course. Some parts of SRE are compulsory - these are part of the National Curriculum for Science such as reproduction and reproductive system, the menstrual cycle, fertilisation, and birth including maternal lifestyle influences on the fetus.

We believe that it is important that all young people have a place to discuss prevalent issues, check facts and dispel myths as second-hand information and fake news can be dangerous and misleading. PSHE education aims to equip students with the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

Students are encouraged to ask questions, which will be answered factually and, in an age-appropriate manner. Each pupil's privacy will be respected, and students are never asked to reveal personal information. Students are signposted to relevant support agencies in school and externally, and safeguarding is advocated in all lessons. Schools are required to consult with parents when developing and reviewing their policies for RSE.

Sex and Relationships Education – Frequently Asked Questions

What are the aims of SRE in our school?

Depending on the age of the children and the lessons in their particular year group, we want SRE to:

- Develop the confidence to talk, listen and think about their feelings and relationships
- Develop friendship/relationship skills
- Develop positive attitudes, values, and self esteem
- Provide knowledge and understanding about puberty and the changes that will take place
- Provide knowledge and understanding about reproduction and sexuality
- Address concerns and correct misunderstanding that children may have gained from the media and peers
- Develop skills to help children protect themselves against unwanted sexual experience
- Know where and how to seek help

Can you explain the school's SRE Morals and Values Framework?

SRE follows the school's agreed aims, values and moral framework which is sensitive to the needs and beliefs of pupils, parents / carers, and other members of the school community. SRE will be delivered within the school's agreed equal opportunities framework.

SRE will support the importance of marriage or stable relationships, for family life and bringing up children. Care is taken to ensure there is no stigmatisation of children based on their different home circumstances.

Pupils will be encouraged to understand that thinking about morals and values also includes:

- Respect for self and others
- Commitment, trust and love within relationships
- Understanding diversity regarding religion, culture and sexual orientation
- Honesty with self and others
- Self-awareness
- Exploration of rights, duties and responsibilities

Curriculum overview

Below is the link to the curriculum overview of PSHE that as a Meridian school, we follow. This booklet provides examples of the topics covered in all key stages.

<https://www.meridiantrust.co.uk/how-we-make-schools-great/curriculum/lifeskills-pshe/#lifeskills-pshe/2/>

Policies

Below is the link to our trust policy on teaching relationships and sex education, this policy outlines the statutory requirements, the curriculum and your rights as parents and carers.

[Meridian-Trust-Secondary-and-Special-School-Relationships-sex-education-policy-PSHEv4-24-03-23-final.pdf \(meridiantrust.co.uk\)](#)

At Greater Peterborough UTC, we are committed to providing a PSHE curriculum that is age-appropriate, sensitive, and inclusive. We also believe that it is important to involve parents and guardians in the development and delivery of our PSHE program.

That is why we are inviting you to participate in a consultation on our PSHE curriculum.

We have created a Microsoft form to allow you to share any views or concerns you may have about the PSHE curriculum, you have one week to complete this. This consultation form provides you with the opportunity to:

- Provide feedback on our current curriculum.
- Share your suggestions for how we can improve our PSHE program.

We believe that your feedback is essential in ensuring that our PSHE curriculum meets the needs of all our students.

The below feedback form must be completed by Friday 24th November 2023.

[Link and QR code to Microsoft form](#)

<https://forms.office.com/e/nEVeHa0f1u>



We look forward to hearing from you.

Sincerely,
Hanicka Hall-Howitt

Teacher of Science & PSHE Lead