



21st November 2025

Dear Parent/ Carer,

Year Five & Six: Health Related Behaviour Survey 2025

Our school, along with all Cambridgeshire and Peterborough Primary Schools, has agreed to participate in a very important Health Behaviour Survey amongst young people. This is something we participate in on a two-yearly cycle. The promotion of the health and wellbeing of our children/young people has always been important to us and now it is a statutory responsibility for all schools. OFSTED will ask us to evaluate how well we are doing in this area and will require us to provide evidence of our success when we are inspected.

The information about our pupil's behaviour, feelings and opinions will be extremely valuable in helping us to:

1. Identify what we are doing well and where we need to improve
2. Make sure what we are doing and planning meets our children's/young peoples' needs
3. Work better with parents and carers and partners in our community
4. Ensure that children's/young peoples' voices will be heard.

The survey method that we are using has been developed by the Schools Health Education Unit, Exeter and has been in use now for over 40 years.

The questions concern a wide range of health behaviours, for example:

Home and Family
Tobacco, Alcohol (Year 6)
Healthy Eating
Drugs (Year 6)

Relationships, emotional health and well-being
Leisure and money
Exercise

Many schools have used the information gathered from the survey to inform and promote discussion in events and meetings with parents and carers.

Over 3000 schools nationally have used the survey, many of them regularly repeating it. In our school we will use the survey with our Year 5 and 6 pupils.

Both the Local Authority and the school find the content of the questionnaire acceptable and appropriate for this age group; it has been customised to suit our local setting.

Each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to school. The Local Authority will receive only the summary of all schools in which individual schools are not identified.

I hope you will agree with us that this is an exercise in which we wish to co-operate fully.

If you would like to see the types of questions that the children will be asked, a copy will be in the school office, and if you would like to examine it in more detail, you are welcome to do so by appointment.

If you do not contact your class teacher, we will assume you are happy for your child to take part in the survey. We look forward to working with you in planning improved health promotion for our pupils.

The survey will be carried out by each class across the next month.

Yours sincerely,

Mrs Amy Archer
Head of PSCHE and Year Five Class Teacher