



**HUNTINGDONSHIRE  
CHILD AND FAMILY CENTRE**

# WHAT'S ON

**November 2025**



## Welcome to our Child & Family Centres.

We aim to provide families of all abilities, identities and cultures with the support and information they need and to ensure our centres and zones are friendly and welcoming places for all.

There is a small charge for some groups, but please let us know if payment may be difficult.



## Things you need to know...

### Charging

Some groups have a charge of £2 per family per session although families on a low income will be eligible for free entry. Please pay in cash on the day.

Charges for childminders - £2 per childminder and own family plus £1 for any minded child or £1 per childminder if not bringing own family members plus £1 for any minded child.

### Booking

Booking is essential for some sessions and spaces are limited. Please call the numbers advertised below or contact us by email [ChildAndFamilyCentre.Hunts@cambridgeshire.gov.uk](mailto:ChildAndFamilyCentre.Hunts@cambridgeshire.gov.uk) or on Facebook.

### Privacy Notice

The Child and Family Centre holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of the Child and Family Centre's services as part of Cambridgeshire County Council.

The information will be held in accordance with the General Data Protection Regulation (GDPR). Further information is available on the Cambridgeshire County Council's website [www.cambridgeshire.gov.uk](http://www.cambridgeshire.gov.uk) (search Privacy Notice).

## Addresses

<b>St Neots Child and Family Centre, Eaton Socon Site,</b> Bushmead Road, Eaton Socon, St Neots PE19 8BT	<b>St Neots Child and Family Centre, Eynesbury Site</b> Winhills Primary Academy, Off Duck Lane, St. Neots PE19 2DX
<b>Sawtry Child and Family Zone at Sawtry</b> <b>Community Centre</b> , Green End Road, Sawtry PE28 5UX	<b>Ramsey Child and Family Zone at Ramsey Library,</b> 25 Great Whyte, Ramsey PE26 1HG
<b>Huntingdon Child and Family Centre, Huntingdon</b> <b>Youth, Child &amp; Family Centre Site</b> , Sallowbush Road, Huntingdon PE29 7AF	<b>Huntingdon Child and Family Centre, Huntingdon</b> <b>Nursery School Site</b> , Ambury Road, Huntingdon PE29 1AD
<b>St Ives Child and Family Zone at Broad Leas Centre,</b> St Ives PE27 5QB	

In November we will be thinking about ....

**Men's Mental Health Awareness Month**

and

**Anti-Bullying Week (10<sup>th</sup> - 14<sup>th</sup> November)**

**Baby Week (14<sup>th</sup> - 20<sup>th</sup> November)**

If you would like to celebrate something important to you  
with other people who use our services please let us know.



B = Booking Required

£ = There is a charge for this session

<b>Monday</b>				
<b>English for Adults</b> 9am to 11am	Weekly	Join our fun, friendly and relaxed English for Adults course in collaboration with Cambridgeshire Skills.  To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
<b>Stay and Play</b> 9.15am to 10.45am	10, 17, 24 Nov	A fun play session for children aged 0 to 5 years.  No booking required.	£	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
<b>Music Tots</b> 10am to 11am  	Weekly	A session full of music, singing and free play. Suitable for children aged 1 to 5 years.  <b>17 Nov</b> – Celebrating Baby Week  To book a space please call 01480 372700.	B £	St Ives Child and Family Zone
<b>Tiniest Feet</b> 10am to 11.30am  	Weekly	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.  <b>17 Nov</b> – Celebrating Baby Week  To book a space please call 01480 372700.	B £	Sawtry Child and Family Zone
<b>Sensory Tots</b> 10am to 11.30am	Weekly	A play session for little ones from birth to 2 years.  To book a space please call 01480 372700.	B £	Bargroves Centre Cromwell Road St Neots PE19 2EY

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<b>Monday continued</b>				
<b>Baby Music Makers</b> 10am to 11.30am  	3, 17 Nov	A session full of music, singing and free play. Suitable for pre-mobile babies up to 1 year.  <b>17 Nov</b> – Celebrating Baby Week  To book a space please call 01480 372700.	B £	Eynesbury Child and Family Centre
<b>Stay and Play</b> 10am to 11.30am	10, 24 Nov	A stay and play session suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	Buckden Village Hall Burberry Rd Buckden PE19 5UY
<b>Self-Weigh</b> 11.30am to 1.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years.  No booking required.		Huntingdon Youth, Child and Family Centre
<b>Self-Weigh</b> 12 noon to 1.15pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Eynesbury Child and Family Centre
<b>English for Adults</b> 1pm to 3pm	Weekly	Join our fun, friendly and relaxed English for Adults course in collaboration with Cambridgeshire Skills. Free crèche spaces are available for the course.  To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
<b>Storycraft</b> 1.30pm to 2.45pm	Weekly	A story session with themed crafts. Join in with craft activities and then listen to a story. Suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	Eynesbury Child and Family Centre

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Monday continued				
<b>Young Parents Group</b> 1.30pm to 3pm	Weekly	<p>A group for parents and expectant parents aged 22 or under, with children aged 0 to 5 years. Come and join these free, informal sessions to play and chat about preparing for baby, birth and caring for yourself and your little one.</p> <p>No booking required.</p>		St Ives Child and Family Zone
<b>Pop Up Sensory SEND</b> 1.30pm to 3pm	24 Nov	<p>A play session designed for pre-school children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome. Includes self-weigh facilities for babies over 6 weeks.</p> <p>Colleagues from our SEND service will be available for parents.</p> <p>To book a space please call 01480 372700.</p>	B	Huntingdon Youth, Child and Family Centre

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<b>Tuesday</b>				
<b>Maths for Adults</b> 9am to 11am	Weekly	Join our fun, friendly and relaxed Maths for Adults course, in collaboration with Cambridgeshire Skills. Free crèche spaces are available.  To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
<b>Drop-In Child Health Clinic</b> 9.30am to 11.30am	Weekly	Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0-5 years.  No booking required.		St Ives Child and Family Zone
<b>Stay and Play Little Bears</b> 10am to 11.30am	Weekly	An all-round stay and play session with messy play, small world play, construction, and crafts. Suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	Judith's Field Pavilion London Road Godmanchester PE29 2WB
<b>Tiniest Feet</b> 10am to 11.30am	Weekly	 Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.  <b>18 Nov</b> – Celebrating Baby Week  <b>25 Nov</b> – Tiny Tooth For the last 30 minutes of the group, we'll spend some time talking about how to look after your baby's teeth, and where to go when you need help.  To book a space please call 01480 372700.	B £	Ramsey Child and Family Zone

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<b>Tuesday continued</b>				
<b>Storytime</b> 10am to 11am	4, 11, 18 Nov	Join us for a fun and interactive Storytime session in the library. Suitable for children aged 0 to 5 years.  No booking required.		Coneygear Centre Buttsgrove Way Huntingdon PE29 1PE
<b>Pop Up Multiple Births</b> 10am to 11.30am	11 Nov	A stay and play session for families with twins, triplets or more. Suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre
<b>Pop Up Storycraft</b> 10am to 11.30am	25 Nov	A story session with themed crafts based on ' <i>Elmer</i> ' by David McKee. Join in with craft activities and then listen to a story. Suitable for children aged 0 to 5 years.  To book a space please call 01480 372700.	B £	St Ives Child and Family Zone
<b>Self-Weigh</b> 11.30am to 2.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years.  No booking required.		Ramsey Child and Family Zone
<b>Stay and Play: 50 Things</b> 1pm to 2.30pm	Weekly	A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app.  To book a space please call 01480 372700.	B £	Eaton Socon Child and Family Centre
<b>Drop-In Child Health Clinic</b> 1pm to 2.30pm	4, 18 Nov	Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0-5 years.  No booking required.		Queens Park Hall Daimler Avenue Yaxley PE7 3LX

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<b>Wednesday</b>				
<b>Stay and Play</b> 9.15am to 10.45am	5, 12, 19 Nov	<p>A stay and play session suitable for children aged 0 to 5 years.</p> <p>Please note there is no session on the last Wednesday of every month.</p> <p>No booking required.</p>	£	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
<b>Stay and Play</b> 10am to 11.30am	Weekly	<p>A stay and play session suitable for children aged 0 to 5 years.</p> <p>To book a space please call 01480 372700.</p>	B £	Bargroves Centre Cromwell Road St Neots PE19 2EY
<b>Pop Up Sensory Babies</b> 10am to 11.30am  	19 Nov	<p>A Fun filled sensory session for pre-mobile babies, which help to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.</p> <p><b>19 Nov</b> – Celebrating Baby Week</p> <p>To book a space please call 01480 372700.</p>		Huntingdon Youth, Child and Family Centre
<b>Drop-In Child Health Clinic</b> 11am to 12.30pm	5, 12, 19 Nov	<p>Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0-5 years.</p> <p><b>19 Nov</b> – Celebrating Baby Week with play activities after the Library Rhymetime.</p> <p>No booking required.</p>		Sawtry Child and Family Zone

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Wednesday continued				
<b>Tiniest Feet</b> 12.30pm to 2pm	Weekly	<p>Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.</p> <p><b>19 Nov</b> – Celebrating Baby Week</p> <p>To book a space please call 01480 372700.</p>	B £	St Ives Child and Family Zone
<b>Self-Weigh</b> 1pm to 2.30pm	Weekly	<p>Self-weigh for babies and children aged 6 weeks up to 5 years.</p> <p>No booking required.</p>		Sawtry Child and Family Zone
<b>Sensory Babies</b> 1.30pm to 3pm	Weekly	<p>Fun filled sensory sessions for pre-mobile babies, which help to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks.</p> <p><b>19 Nov</b> – Celebrating Baby Week</p> <p>To book a space please call 01480 372700.</p>	B £	Eaton Socon Child and Family Centre
<b>Stay and Play</b> 1.45pm to 3pm	5, 19, 26 Nov	<p>A stay and play session suitable for children aged 0 to 5 years.</p> <p>To book a space please call 01480 372700.</p>	B	Wyton Primary School Cambridge Square Wyton on the Hill PE28 2JB

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Thursday				
<b>Introducing Family Foods</b> 9.45am to 10.45am  		<p>A workshop to find out more about how to introduce your baby to your family foods.</p> <p><b>6 Nov</b> – Ramsey Child and Family Zone</p> <p><b>13 Nov</b> – Huntingdon Youth, Child and Family Centre</p> <p><b>20 Nov</b> – Eaton Socon Child and Family Centre</p> <p>To book a space please call 01480 372700.</p>	B	Various locations - <i>please see description</i>
<b>Sensory Tots</b> 10am to 11.30am	Weekly	<p>A play session for little ones up to the age of 2 years, running alongside the drop-in child health clinic.</p> <p>To book a space please call 01480 372700.</p>	B £	Huntingdon Youth, Child and Family Centre
<b>Little Explorers</b> 10am to 11.30am	Weekly	<p>A stay and play session for children to have fun exploring the world about them. Suitable for children aged 0 to 5 years.</p> <p>To book a space please call 01480 372700.</p>	B £	Eaton Socon Child and Family Centre
<b>Stay and Play</b> 10am to 11.30am	Weekly	<p>A stay and play session suitable for children aged 0 to 5 years.</p> <p>To book a space please call 01480 372700.</p>	B £	St Ives Child and Family Zone
<b>Peep Group</b> 10am to 11.30am	6, 13, 20 Nov	<p>A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for babies from birth to 18 months.</p> <p>To book a space please call 01480 375216.</p>	B £	Christian Centre Nene Road Huntingdon PE29 1RE

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Thursday continued				
<b>Drop-In Child Health Clinic</b> 10am to 11.30am	6, 13, 20 Nov	Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0-5 years.  No booking required.		Huntingdon Youth, Child and Family Centre
<b>Infant Feeding Drop-In</b> 10am to 11.30am	6, 20 Nov	A fortnightly infant feeding support group provided by NCT Birth, Feeding and You. Offering breastfeeding and infant feeding support and information. Families at all stages of parenthood including expectant parents are welcome.  No booking required.		Huntingdon Youth, Child and Family Centre
<b>Self-Weigh</b> 10.30am to 12.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years.  No booking required.		St Ives Child and Family Zone
<b>Peep Group</b> 1pm to 2.30pm	6, 13, 20 Nov	A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for children aged 18 months to 3 years.  To book a space please call 01480 375216.	B £	Christian Centre Nene Road Huntingdon PE29 1RE
<b>Baby Rave</b> 1.30pm to 2.30pm  	20 Nov	“Celebrating Baby Week!” A playful dance party with low volume music, bubbles, lights, and sensory play. Come and wiggle, giggle and groove with us. Suitable for babies and toddlers under 18 months. Booking essential.  To book a space please call 01480 372700.	B	Commemoration Hall 39 High Street Huntingdon PE29 3AQ

B = Booking Required

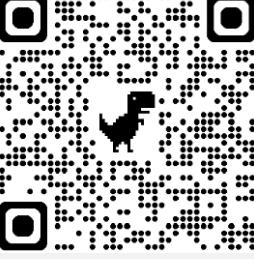
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**Thursday continued**

<b>Paediatric First Aid Workshop</b> 6pm to 7pm	13 Nov	<p>This session covers basic Paediatric First Aid. Topics covered include child CPR, recovery positions, choking, minor injuries and illnesses. Booking essential.</p> <p>£10 per person, to be paid in advance.</p> <p>To book a space please call 01480 372700.</p>	B £	St Ives Child and Family Zone
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Friday				
<b>Self-Weigh</b> 9.30am to 12noon	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years.  No booking required.		Eaton Socon Child and Family Centre
<b>Breastfeeding Drop-In</b> 10am to 11am	Weekly	A breastfeeding drop-in, delivered by the Infant Feeding Team, for pregnant and breastfeeding families, offering advice and support around feeding.  No booking required.		Eaton Socon Child and Family Centre
<b>Baby Week Launch Event</b>  	14 Nov	Join us and our partners to launch Baby Week 2025. Information stands, baby sensory play and simple crafts.  For more information about National Baby Week please visit;  <a href="https://babyweek.co.uk/">https://babyweek.co.uk/</a> 		Commemoration Hall 39 High Street Huntingdon PE29 3AQ
<b>Four to Explore</b> 10am to 11.30am	7, 21, 28 Nov	Different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years.  <b>7 Nov</b> – Bonfire Night <b>21 Nov</b> – Colours <b>28 Nov</b> – St Andrew's Day  To book a space please call 01480 372700.	B £	Sawtry Child and Family Zone

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<b>Friday continued</b>				
<b>Four to Explore</b> 10am to 11.30am	7, 21, 28 Nov	<p>A group with different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years.</p> <p><b>7 Nov</b> – Storyplay  <b>21 Nov</b> – Little Builders  <b>28 Nov</b> – Let's Get Messy – a very messy session. Please wear old clothes!</p> <p>To book a space please call 01480 372700.</p>	B £	Huntingdon Youth, Child and Family Centre
<b>Pop Up Animal Antics</b> <b>Messy Play</b> 10am to 11am	28 Nov	<p>A themed messy play session. Suitable for children aged 2 to 5 years with younger siblings welcome.</p> <p>To book a space please call 01480 372700.</p>	B £	Eaton Socon Child and Family Centre
<b>Drop-In</b> <b>Child Health Clinic</b> 10.15am to 12.15pm	14, 28 Nov	<p>Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0-5 years.</p> <p>No booking required.</p>		Ramsey Library 25 Great Whyte Ramsey PE26 1HG
<b>Dads' Group</b> 1.30pm to 3pm	7 Nov	<p>A stay and play session for dads and male carers with children aged 0 to 5 years.</p> <p>To mark <b>Men's Mental Health Month</b> CPSL MIND dad worker Gary will join us to talk about support.</p> <p>To book a space please call 01480 372700.</p>	B £	Huntingdon Youth, Child and Family Centre

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## Friday continued

**Five to Thrive Friday** Weekly



'The things you do every day, that help your child's growing brain'.

We will be sharing activity ideas to help you use Five to Thrive in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house!

Facebook post:



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14-20  
November  
2025



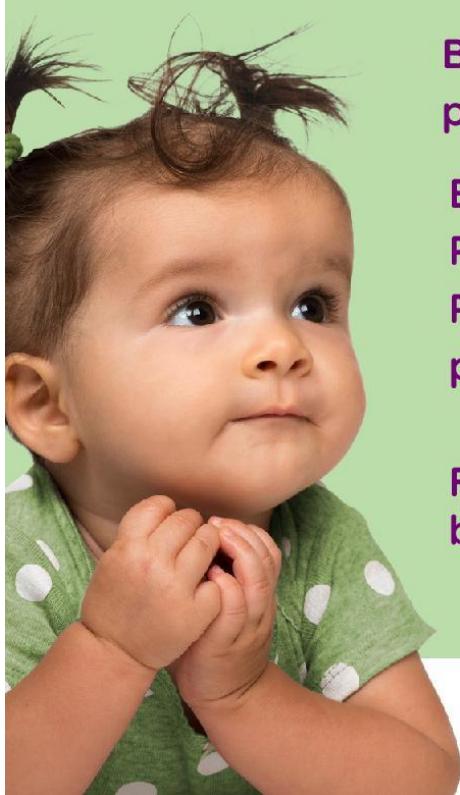
Many free & low  
cost events

for expectant parents,  
parents & carers, babies &  
under 5's, professionals in  
health, maternity, education  
and early years.

Baby Week is a National campaign week  
promoting the 'best start' in life.

Events organised by Cambridgeshire and  
Peterborough Children and Young  
People's Health Services and local  
partners are being held across the week.

Find them all here:  
[babyweek.co.uk/all-events](http://babyweek.co.uk/all-events)



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# BABY RAVE

£2 per session,  
concessions  
available

Cambridgeshire  
**Child and Family  
Centres**



**Suitable for 0 to 18 months**

**Thursday  
20 November  
1.30pm to 2.30pm**

**Commemoration Hall  
39 High Street  
Huntingdon  
PE29 3AQ**

**To book a space, call: 01480 372700**



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# STORYCRAFT



Come and listen to a story, then join in with a simple themed craft activity.



## Mondays

1.30pm to 2.45pm



**Eynesbury Child and Family Centre**

Winhills Primary Academy, St Neots, PE19 2DX



**To book, please call: 01480 372700**

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 <p><b>Bookstart</b> BookTrust</p>	<p>We offer our Bookstart programme to those families whose children may need support developing their communication skills. If you are interested, please contact <a href="mailto:childandfamilycentre.hunts@cambridgeshire.gov.uk">childandfamilycentre.hunts@cambridgeshire.gov.uk</a> for a chat with one of our staff.</p>
	<p>50 Things To Do Before You're Five seeks to help every child reach important health, learning, and wellbeing milestones.'</p> <p>We will be sharing activity ideas from the 50 Things To Do Before You're Five app you can use in your everyday routine with your children. The ideas are very simple and require low or no cost. Download the free 50 Things To Do Before You're Five app for a menu of exciting activities for families with young children.</p>
	<p><b>Five to Thrive</b></p> <p>'The things you do every day that help your child's growing brain'.</p> <p>We will be sharing activity ideas to help you use <i>Five to Thrive</i> in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house!</p>
<p><b>Breastfeeding Support</b></p>	<p>Information on support available locally can be found by visiting: <a href="https://www.facebook.com/CambridgeshireInfantFeeding">www.facebook.com/CambridgeshireInfantFeeding</a></p>
<p><b>Are you concerned about the safety of a child?</b></p>	<p>If a child is at risk of harm, or you are concerned about the safety of a child, please call the Contact Centre on 0345 045 5203 between 8am and 6pm, Monday to Friday. If it is outside office hours or at the weekend, call the First Response and Emergency Duty Team on 01733 234724, or the police on 999.</p>
<p><b>Support for Young People</b></p>	<p><b>Keep Your Head:</b> A new young people's mental health website for young people and their parents/carers living in Peterborough and Cambridgeshire. The site is universally accessible and is a central point for finding good quality local and national information on keeping well, self-help, and support services covering a range of issues.</p> <p><a href="https://www.keep-your-head.com">www.keep-your-head.com</a></p>



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# Our Opening Times

Eynesbury Site	Eaton Socon Site	
<b>Monday</b> <b>9.30am to 4pm</b>	<b>Tuesday and Wednesday</b> <b>9.30am to 4pm</b> <b>Thursday 9.30am to 1pm</b> <b>Friday 9.30am to 2.30pm</b>	
<b>Sawtry Zone</b>	<b>Ramsey Zone</b>	
<b>Monday, Wednesday and Friday</b> <b>9.30am to 2.30pm</b>	<b>Tuesday</b> <b>10am to 2.30pm</b>	
<b>Huntingdon Nursery Site</b>	<b>Huntingdon Youth Centre Site</b>	<b>St Ives Zone</b>
<b>Monday to Friday</b> <b>8.45am to 3.30pm term time</b> <b>Mondays and Wednesdays</b> <b>9am to 12 noon during school holidays</b>	<b>Monday, Tuesday and Friday</b> <b>9.30am to 2.30pm</b> <b>Wednesday 9.30am to 4pm</b> <b>Thursday 9.30am to 1pm</b>	<b>Monday 9.30am to 4pm</b> <b>Tuesday and Wednesday</b> <b>9.30am to 2.30pm</b> <b>Thursday 9.30am to 1pm</b>

## Contact Us

Get In Touch	
<b>St Neots Child and Family Centre</b>	<b>St Neots Child and Family Centre</b>
<b>Eaton Socon Site</b>	<b>Eynesbury Site</b>
01480 372700	01480 372700
<b>Sawtry Child and Family Zone</b>	<b>Ramsey Child and Family Zone</b>
01480 372700	01480 372700
<b>Huntingdon Child and Family Centre</b>	<b>Huntingdon Child and Family Centre</b>
<b>Huntingdon Nursery Site</b>	<b>Huntingdon Youth Child and Family Centre Site</b>
01480 375216	01480 372700
<b>St Ives Child and Family Zone</b>	
01480 372700	

Email us: [childandfamilycentre.hunts@cambridgeshire.gov.uk](mailto:childandfamilycentre.hunts@cambridgeshire.gov.uk)

If you would like to be kept up to date about our activities by email, please ask to join our mailing list.



Follow us on Instagram -  
[@childandfamilycentres.hunts](https://www.instagram.com/childandfamilycentres.hunts)



'Like' our Facebook page -  
[Huntingdonshire Child and Family Centres](https://www.facebook.com/HuntingdonshireChildandFamilyCentres)



Find us on YouTube -  
[Cambridgeshire Child and Family Centres](https://www.youtube.com/cambridgeshirechildandfamilycentres)



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