

Sex and Relationships Education Policy

Aims

Sex and Relationships Education will contribute to:

- Promoting the spiritual, moral, cultural, mental and physical development of children at the school and in society;
- Preparing children to understand and develop their relationships and responsibilities with one another.

Sex and Relationships Education in this school will be a foundation for further work in Key Stage 2.

The school will work towards this aim in partnership with parents.

Definition of Sex and Relationships Education

Sex and Relationships Education is firmly rooted in the PSHCE curriculum, through the Cambridgeshire Personal Development Programme. The objective of Sex and Relationships Education is to help and support children through their physical, emotional and moral development. Sex and Relationships Education will help them to learn to respect themselves and others and move with confidence through the various stages of childhood into adolescence.

It includes:

- Developing confidence in talking, listening and thinking about feelings and relationships;
- The ability to name parts of their body and describe how their bodies work;
- Learning to protect themselves and knowing how to ask for help and support.

Content of school Sex and Relationships Education Programme

The Sex and Relationships Education Programme will:

- Provide information, which is easy to understand, relevant and appropriate to the age and maturity of the children.
- Include the development of communication and social skills
- Encourage the exploration and clarification of values and attitudes.

Sex and Relationships Education will be taught within our topics through science and the PSHCE curriculum taking into account the children's development. We will not be teaching discrete blocks of sex education.

Key Stage 1 National Curriculum Science
Areas relating to Sex and Relationships Education;

1. That animals, including humans, have offspring which grow into adults.
2. Identify and name the basic parts of the human body and say which part of the body is associated with each sense.

Guidance on Sex and Relationships Education

Sex and Relationships Education will be co-ordinated by the PSHCE leader.

Delivery

The Sex and Relationships curriculum will be delivered through:

- topics;
- planned aspects of science;
- assemblies
- the use of story time
- circle time
- planned aspects of R.E.
- PSHCE activities
- the school scheme of work for PSHCE
- taking opportunities as they arise.

Class teachers will teach Sex and Relationships Education.

Resources

PSHCE, health education and relationships resources are located in classrooms, year groups and some publications with the PSHCE Leader.

Evaluation and Monitoring

Elements of Sex and Relationships Education will be evaluated in individual lessons and by year groups at team meetings.

Sex and Relationships Education will be reviewed annually. The PSHCE Leader will monitor Sex and Relationships Education.

Specific issues

a) Working with parents

The school is committed to working closely with parents. Under the Education Act 1996, pupils can be withdrawn by their parents from part of the sex education that is outside the statutory element of the Science National Curriculum. However in the Foundation Stage and Key stage 1 such elements are not taught and therefore withdrawal need not be considered.

b) Safeguarding Policy

The school has a Safeguarding policy which needs to be read alongside this policy.

c) Answering questions

Our policy is to answer all questions honestly, factually and at an age appropriate level.

Sometimes an individual child will ask an explicit or difficult question in the classroom. Questions do not have to be answered directly- they may be addressed individually later. The school believes that individual teachers must use their skills and discretion in these situations and refer to the Headteacher or PSHCE Leader if they are concerned.

d) Inappropriate language or behaviour

Any member of staff who may hear or witness it will always challenge inappropriate language or behaviour consistently.

e) Use of visitors

There are various people who can resource and support school based Sex and Relationships Education. These may include parents, the school nurse, religious or health professionals or the Life Education staff.

Equal Opportunities

Crosshall Infant School Academy Trust is committed to working towards equality of opportunity, in all aspects of school life. All resources and methods will be checked against equal opportunities criteria.



This policy needs to be read in conjunction with:

- Safeguarding Policy
- Drugs Education Policy
- Equal Opportunities Policy
- SEN Policy
- PSHCE Policy
- Behaviour Policy
- Science Policy

Approved: April 2025

Next Review Due: April 2026