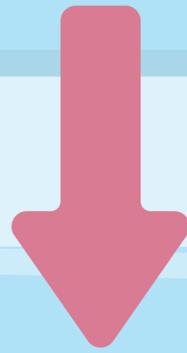


# Pants Down, Please!

Show your little  
one how to pull  
their pants down  
all by themselves.  
Make it a fun  
game!



# Take a Seat!

Encourage them  
to sit on the  
toilet. Use a potty  
seat if needed to  
make them feel  
secure.

# Relax & go!

Help them feel comfortable. A distraction box with books or toys can make the process easier.

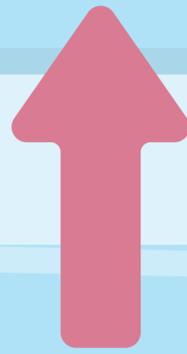


# Wipe, Wipe, Hooray!

Show them how to wipe properly — especially for girls, always front to back!

# Pants up, Superstar!

Practice pulling  
pants up. Give  
a little cheer  
when they do  
it!



# Flush Away!

Teach them  
how to flush  
the toilet.  
Celebrate with  
a happy  
dance!

# Wash, Wash, Wash

Get them to  
wash hands  
with soap while  
singing a fun  
20-second  
song.



## Dry Those Hands!

Teach them to  
dry hands  
properly using  
a towel or  
dryer.

# Hooray! You Did It!

Reward success with a sticker, high-five, or small prize. Positive reinforcement is key!



# Don't Forget!

Reassure them if they need to go to the toilet, it is ok to ask the teacher!