

PSHE Curriculum Planning

Cycle A – Years starting with an even number 2022-2023, 2024-2025

TERM	Years 1 and 2	Years 3 and 4	Years 5 and 6
Autumn 1	<u>Citizenship (CIT RR12)</u> Rights, Rules and Responsibilities (RR 1/2)	<u>Citizenship (CIT RR34)</u> Rights, Rules and Responsibilities (RR 3/4)	<u>Citizenship (CIT RR56)</u> Rights, Rules and Responsibilities (RR 5/6)
Autumn 2	<u>Myself and My Relationships (MMR FF12)</u> Family and Friends (FF 1/2)  <i>To include Anti-Bullying Week (MMR AB12)</i>	<u>Myself and My Relationships (MMR FF34)</u> Family and Friends (FF 3/4)  <i>To include Anti-Bullying Week (MMR AB34)</i>	<u>Myself and My Relationships (MMR FF56)</u> Family and Friends (FF 5/6)  <i>To include Anti-Bullying Week (MMR AB56)</i>
Spring 1	<u>Healthy and Safer Lifestyles (Awaiting Unit)</u> Digital Lifestyles (TG Digital Lifestyles)	<u>Healthy and Safer Lifestyles (Awaiting unit)</u> Digital Lifestyles (TG Digital Lifestyles)	<u>Healthy and Safer Lifestyles (Awaiting Unit)</u> Digital Lifestyles (TG Digital Lifestyles)
Spring 2	<u>Healthy and Safer Lifestyles (HSL DE12)</u> Drug Education (DE 1/2)	<u>Healthy and Safer Lifestyles (HSL DE34)</u> Drug Education (DE 3/4)	<u>Healthy and Safer Lifestyles (HSL DE56)</u> Drug Education (DE 5/6)
Summer 1	<u>Healthy and Safer Lifestyles</u> Relationships and Sex Education (RS 1 – Y1) Relationships and Sex Education (RS 2 – Y2)	<u>Healthy and Safer Lifestyles</u> Relationships and Sex Education (RS 3 – Year 3) Relationships and Sex Education (RS 4 – Year 4)	<u>Healthy and Safer Lifestyles</u> Relationships and Sex Education (RS 5 Year 5) Relationships and Sex Education (RS 6 Year 6)
Summer 2	<u>Healthy and Safer Lifestyles (HSL PS12)</u> Personal Safety (PS 1/2)	<u>Healthy and Safer Lifestyles (HSL PS34)</u> Personal Safety (PS 3/4)	<u>Healthy and Safer Lifestyles (HSL PS56)</u> Personal Safety (PS 5/6)

**PSHE Curriculum Planning**  
**Cycle B – Years starting with an odd number 2021-2022, 2023-2024**

<b>TERM</b>	<b>Years 1 and 2</b>	<b>Years 3 and 4</b>	<b>Years 5 and 6</b>
<b>Autumn 1</b>	<u>Myself and My Relationships (MMR ME12)</u> My Emotions (ME 1/2)	<u>Myself and My Relationships MMR ME34)</u> My Emotions (ME 3/4)	<u>Myself and My Relationships (MMR ME56)</u> My Emotions (ME 5/6)
<b>Autumn 2</b>	<u>Myself and My Relationships (MMR AB12)</u> Anti-Bullying (AB 1/2)	<u>Myself and My Relationships (MMR AB34)</u> Anti-Bullying (AB 3/4)	<u>Myself and My Relationships (MMR AB56)</u> Anti-Bullying (AB 5/6)
<b>Spring 1</b>	<u>Citizenship (CIT DC12)</u> Diversity and Communities (DC 1/2)	<u>Citizenship (CIT DC34)</u> Diversity and Communities (DC 3/4)	<u>Citizenship (CIT DC56)</u> Diversity and Communities (DC 5/6)
<b>Spring 2</b>	<u>Healthy and Safer Lifestyles (HSL HL12)</u> Healthy Lifestyles (HL 1/2)	<u>Healthy and Safer Lifestyles (HSL HL34)</u> Healthy Lifestyles (HL 3/4)	<u>Healthy and Safer Lifestyles (HSL HL56)</u> Healthy Lifestyles (HL 5/6)
<b>Summer 1</b>	<u>Healthy and Safer Lifestyles</u> Relationships and Sex Education (RS 1 – Y1) Relationships and Sex Education (RS 2 – Y2)	<u>Healthy and Safer Lifestyles</u> Relationships and Sex Education (RS 3 – Year 3) Relationships and Sex Education (RS 4 – Year 4)	<u>Healthy and Safer Lifestyles</u> Relationships and Sex Education (RS 5 Year 5) Relationships and Sex Education (RS 6 Year 6)
<b>Summer 2</b>	<u>Healthy and Safer Lifestyles (HLS MSR12)</u> Managing Safety and Risk (MSR 1/2)  <u>Myself and My Relationships (MMR MC12)</u> Managing Change (MC 1/2)	<u>Healthy and Safer Lifestyles HSL MSR34)</u> Managing Safety and Risk (MSR 3/4)  <u>Myself and My Relationships (MMR MC34)</u> Managing Change (MC 3/4)	<u>Healthy and Safer Lifestyles (HSL MSR 56)</u> Managing Safety and Risk (MSR 5/6)  <u>Myself and My Relationships (MMR MC56)</u> Managing Change (MC 5/6)