

PE – Intent, Implementation and Impact

Intent:

The Bluecoat School recognises and values the importance of Physical Education (PE) and aims to develop a fun, high-quality curriculum that inspires all pupils to succeed and excel in a happy, healthy lifestyle. The intent of Bluecoat's curriculum is to inspire all children to succeed and excel in competitive sport and other physically demanding activities through academic lessons and extracurricular activities. By doing this it will provide opportunities for pupils to become physically and emotionally confident in a way which supports their health and fitness. Through enrichment activities, house competitions and external events, we aim to raise the profile of PE and expose our children to sports they may never have had the opportunity to engage with. We are passionate about the need to teach children how to co-operate and collaborate with others, understanding fairness and equity of play and to embed life-long values such as resilience, responsibility, and independence.

We do this through adhering to the aims of the national curriculum and working closely with Complete PE to ensure that all children:

- are physically active for periods of time
- develop and excel in a broad range of physical activities
- engage in competitive sports and activities
- lead happy healthy lifestyles by enabling children to develop knowledge and vocabulary through values and transferrable life skills.

Implementation:

The PE curriculum is taught through the use of Complete PE, which is in-line with the National Curriculum and is used as an aid to support teaching staff in their subject knowledge and planning of PE. Teachers can adjust and change lessons to suit the needs of their children while providing a strong basis of what is expected in each year group. Each class has access to two hours of high-quality physical activity every week teaching a variety of invasion games, fundamental skills, and basic skill movements. To do this, The Bluecoat School uses the organisation Inspire+ to support and help deliver PE sessions across the years.

Children are given the opportunity to harness skills in a variety of ways and each lesson builds upon the previous skills, allowing them time to embed it. Different skills are recapped throughout the years as demonstrated by our progression documents while being built upon and further strengthened.

At The Bluecoat School, Year 3, 4, 5 and 6 pupils receive swimming lessons with the aim to develop the confidence in the water while providing the opportunity to take part in other sports throughout the year too. We also offer a wide range of sporting after-school clubs run by both teaching staff and Inspire+. The sport changes every half term to provide a range of activities and preferences to meet all children's interests. In addition to this, the children are encouraged to participate in lunch time sports clubs to allow additional time for skill and team-based learning. Competitive sports are also a passion at Bluecoat, by leading house sport events once a term to join the school as a community and provide an opportunity for all children to take part in team lead competitive games. To lead and organise these events effectively, The Bluecoat School is dedicated to the progression of our Young Bronze Sports Ambassadors, who promote our happy healthy lifestyle while assisting in the running of various parts of the PE curriculum.

Impact

At The Bluecoat school, our curriculum improves the wellbeing and fitness of all children not only through the sporting skills taught, but through the underpinning school values and the disciplines that PE promotes. We believe our PE curriculum will create a love of sport and physical activity, so that our children will engage in extra-curricular sporting opportunities provided by the school and show an interest into local clubs in the area. With the impact of PE, we believe we can equip children with skills in team building, promote physical and mental health and boost confidence through resilience, responsibility and independence.